


TRANSLATING *science*  
INTO WORLD-CLASS  
*care*



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The ENH Research Institute is the research arm of Evanston Northwestern Healthcare, a fully integrated, multi-hospital healthcare system serving northern metropolitan Chicago. Affiliation with Northwestern University's Feinberg School of Medicine, and the university's basic sciences and biomedical engineering departments, creates a dynamic environment where the best and brightest clinical and scientific minds collaborate and innovate. The Institute has achieved national renown for its clear focus on clinical and "translational" research—research that renders laboratory findings directly into advancements in patient care.

**Research hospitals are the vehicles for moving exciting laboratory discoveries into clinical care.** Without such vehicles, new findings may remain in the lab, where they cannot directly benefit patients or relieve suffering.

Our tradition of research leadership dates to the early years of the twentieth century, when Evanston Hospital physicians developed vaccines against whooping cough and scarlet fever. But times have changed since then.

Today's healthcare environment is extremely competitive. All providers face fierce downward cost pressures, and research costs money. While technological advances and cutting-edge discoveries promise to change forever our understanding of disease and delivery of medical care, research hospitals operate at a financial disadvantage.

To remain a leader and secure the resources to support our tradition of research excellence, Evanston Northwestern Healthcare established the ENH Research Institute in 1996. The Institute provides a home for research underway throughout the Evanston Northwestern Healthcare system. In its first decade, the Institute has catapulted to national prominence.

**“Clinical research plays a critically important role at Evanston Northwestern Healthcare. Our relationships with Northwestern University and the Feinberg School of Medicine are at the core of our success as a healthcare provider and an academic institution.”**

*—Mark R. Neaman, President and CEO,  
Evanston Northwestern Healthcare*



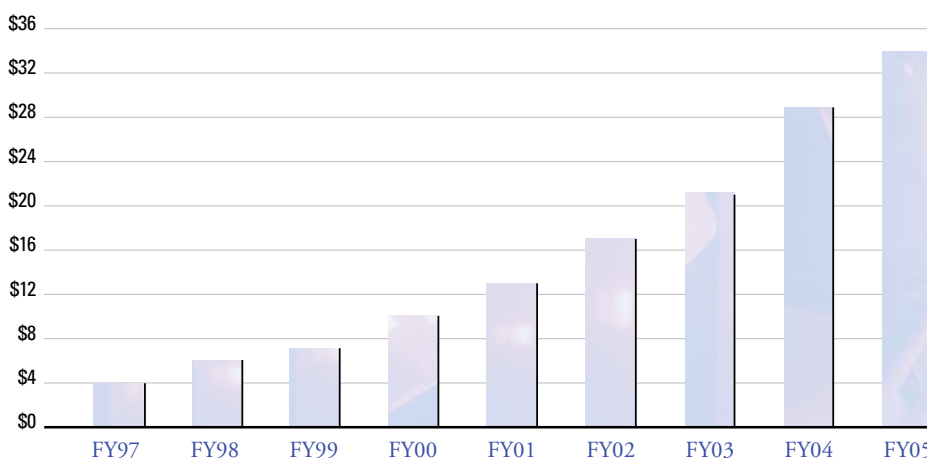
Henry Bienen, President, Northwestern University (left) with Mark R. Neaman, President and CEO, Evanston Northwestern Healthcare.

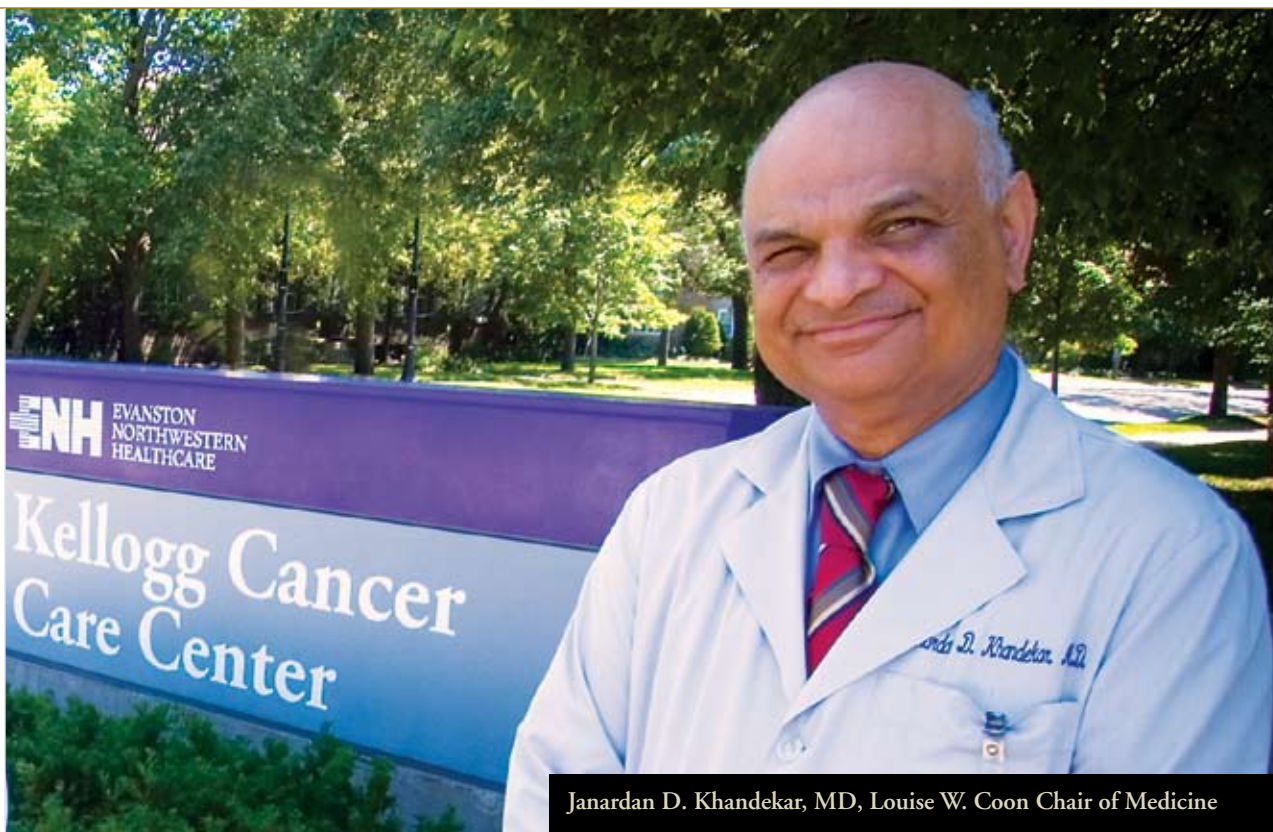
## A leader in biomedical research

The National Institutes of Health (NIH), the nation's most prestigious judge of biomedical research excellence, **ranks Evanston Northwestern Healthcare among America's top 10 comprehensive independent research hospitals, and number one in the State of Illinois.**

Aggressive recruitment of nationally acclaimed physician-scientists has built the foundation for our research endeavors.

**ENH Research Institute**  
**Annualized External Awards (in millions)**





Janardan D. Khandekar, MD, Louise W. Coon Chair of Medicine

## A major academic medical center

**“Dr. Janardan Khandekar’s decade-long vision of ENH as one of the nation’s top independent research hospitals has been realized.”**

*—Leopold G. Selker, PhD, President, ENH Research Institute*

Our reputation as an academic medical institution has contributed to the Institute’s spectacular success. The hospitals of Evanston Northwestern Healthcare are primary teaching sites for Northwestern University’s Feinberg School of Medicine, where most attending physicians hold faculty appointments. This affiliation fosters an environment of inquiry and discourse that attracts nationally and internationally recognized clinicians and investigators at the forefront of their fields.

Institute researchers work closely, not only with clinical and basic scientists at the medical school, but also with faculty in the basic sciences and biomedical engineering on Northwestern University’s Evanston campus. This collaboration stimulates innovative solutions to clinical problems and enables both institutions to make the most of physical and intellectual resources.

**A fully integrated healthcare system** allows for easy migration of the latest research findings into the hospital, into ambulatory settings and even to the patient's home.

## Building on a system of care

**THE RESEARCH INSTITUTE DRAWS STRENGTH FROM THE EVANSTON NORTHWESTERN HEALTHCARE SYSTEM.** The ENH system is strengthened by the presence of the Research Institute. And everyone associated with ENH shares the same mission: to preserve and improve human life.

**A GROWING TRADITION OF PHILANTHROPY** has been instrumental in shaping and supporting the Evanston Northwestern Healthcare vision of world-class care. Financial health is crucial to recruit and retain outstanding clinician-scientists, to provide them with space to work, and to support them with the latest technology. Over the last nine years ENH has invested more than \$115 million in research, including \$45 million in direct internal support and \$70 million in capital improvements.

**CLOSE TIES TO FORTUNE 500 HEALTH-RELATED COMPANIES** provide an excellent platform for corporate-sponsored research.

The Board of Directors of the ENH Research Institute and Evanston Northwestern Healthcare include many of Chicago's top corporate leaders. These leaders have set new standards of generosity from the very beginning, and their support has been critical in enabling the Institute to thrive.



Board, physician and corporate leadership has enabled the ENH Research Institute to achieve national prominence in a few short years. Mark R. Neaman (right) with Leopold G. Selker, PhD, President, ENH Research Institute.



David Golder, daughter Caitlin and son Jacob

David Golder is a second-generation philanthropist. His father, Stanley C. Golder, was a prominent venture capitalist who supported many civic institutions, including Evanston Northwestern Healthcare.

## A foundation for the future

“My father and mother set an example for our family of what to do with the results of business success,” says David Golder. With his mother, Joan Golder, and his brother and sister, David carries on Stanley’s tradition of philanthropic leadership through the Golder Family Foundation. The Foundation has endowed a fellowship in neonatal research in memory of David’s infant daughter, and a chair of neuroscience research in memory of Stanley, who died of brain cancer in 2000.

“Our family’s response to situations like the losses of my daughter and my father is to try to make them better,” says David Golder. “We wanted to help other families with loved ones at risk, but we’re not doctors or researchers. The only support we can give is financial.

“Research is the future,” he continues. “Research can make the difference between present-day frustration with the limits of science and the ability to help tomorrow’s patients survive conditions that can’t be survived today. From our family’s point of view, you add value by building for the future, and you build for the future by supporting research.”

## Research priorities: Translating science into world-class care

The ENH Research Institute has built a national and international reputation in seven areas of research with the greatest potential to benefit the people of our communities. Focusing on these priorities lets us channel resources where needed most, and where they will do the most to relieve suffering and improve lives.

GROUNDBREAKING RESEARCH IN ADVANCED IMAGING  
SUPPORTS THE FIGHT AGAINST CARDIOVASCULAR DISEASE,  
CANCER AND STROKE AND BENEFITS PATIENTS THROUGHOUT  
EVANSTON NORTHWESTERN HEALTHCARE.

## Advanced imaging research

**ROBERT R. EDELMAN, MD**, is internationally recognized for pioneering contributions in magnetic resonance (MR) imaging. His research team was among the first to demonstrate the clinical feasibility of coronary artery imaging with MR angiography. Using noninvasive techniques, physicians can now detect a potential stroke and stop it before it kills or incapacitates.

Dr. Edelman, who holds the William B. Graham Chair of Radiology, and his team have attracted millions in total federal, foundation and industry-sponsored grants.

Collaborators include fellowship-trained radiologists and biomedical engineering faculty from the McCormick School of Engineering at Northwestern University, physician-scientists from NU's Robert H. Lurie Comprehensive Cancer Center, and physicists, engineers and computer scientists from industry.

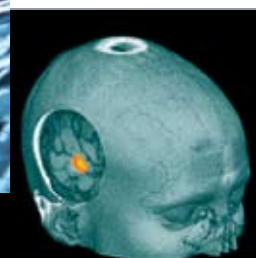
Together, they have access to some of the most advanced imaging technology in the region—in fact, researchers from other institutions across the Midwest come to use Evanston Northwestern Healthcare's imaging facilities. ENH has

research-dedicated MR facilities separate from the equipment used for patient care.

Among the topics being studied are novel cardiac therapies, better management of gene therapy patients, three-dimensional brain maps for improved surgical planning, whole-body imaging and enhanced tools for diagnosing and treating conditions in utero.



Robert R. Edelman, MD



Advanced imaging studies of how the cortex responds to sound may someday lead to better treatments for hearing impairments.

MORE THAN A QUARTER OF EXTERNAL FUNDING AT THE ENH RESEARCH INSTITUTE SUPPORTS RESEARCH TO PREVENT CANCER, DETECT IT EARLIER AND DEVELOP MORE EFFECTIVE TREATMENTS.



## Cancer research

Visionary leadership by JANARDAN KHANDEKAR, MD, has built a nationally recognized program in cancer research, tied closely to groundbreaking work at Northwestern University in biochemistry, molecular biology and cell biology and key collaborators at the Robert H. Lurie Comprehensive Cancer Center. Research is underway on prevention strategies for colon, ovarian and prostate cancer and improved treatments for lymphoma. Clinical trials in thoracic oncology span the continuum from screening and early detection through new treatments for advanced disease.

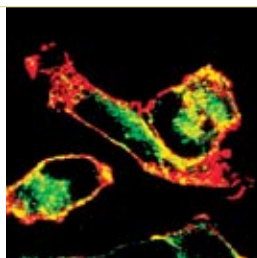
VIMLA BAND, PhD, and HAMID BAND, MD, PhD, lend international stature to our growing cancer and medical genetics initiatives. The couple's shared vision is to bridge molecular biology and clinical medicine, with a focus on breast cancer. Dr. Vimla Band has identified a gene marker that predicts the potential of breast cancer to spread. Dr. Hamid Band's work on cell receptor function has led to the discovery of a novel protein that may improve treatment for breast cancer. He holds the Jean Ruggles Romoser Chair of Cancer Research. The Duckworth family has endowed a chair of breast cancer research, which Dr. Vimla Band is the first to hold.

**"The ENH Research Institute has a very well-defined strategy focusing on specific areas of specialization and concentrating on the kind of studies that bring the most direct benefit to patients. This organization is such a gift to the community; I know as others learn more about the caliber of research here they will feel as I do."**

—*Connie Duckworth, Board of Directors, Evanston Northwestern Healthcare*



Research underway at the Institute has far-reaching implications for understanding immune and inflammatory responses to cancer.



Vimla Band, PhD (left), and Hamid Band, MD, PhD



Jian-Ping Jin, MD, PhD, (left) and Ted Feldman, MD

## Cardiovascular research

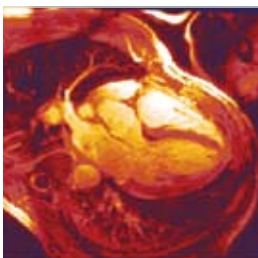
INVESTIGATORS AT EVANSTON NORTHWESTERN HEALTHCARE ARE DEVELOPING GREATLY ADVANCED WAYS TO OPERATE ON THE HEART WITHOUT OPENING THE CHEST. THEY ARE ALSO EXAMINING THE BIOCHEMICAL AND PHYSIOLOGICAL BASIS OF HEART FUNCTION IN HOPES OF PREVENTING THE ONSET OF HEART DISEASE.

TED FELDMAN, MD, Director of Cardiac Catheterization at Evanston Northwestern Healthcare, was the first physician in the United States to use the Evalve™ system, a method of repairing malfunctioning mitral valves non-surgically by deploying a small clip through a catheter. He is also the principal investigator for the SYNTAX trial, an international study to determine the best treatment for patients with three-vessel and left main coronary disease. “This study could change the standard of care for people suffering from complex coronary artery disease,” said Dr. Feldman, who holds the Mr. and Mrs. Charles R. Walgreen Jr. Chair of Cardiology.

Meanwhile, JIAN-PING JIN, MD, PhD, Section Chief of Molecular Cardiology, is studying the gene regulation and biochemistry related to cardiac muscle function. By understanding how myofilament protein changes cause certain heart functions to change, we can better understand how the heart works and find ways to protect it. “It’s like trying to open a door when you don’t know where the lock is,” Dr. Jin explained. “Once you’ve found the lock, all you have to do is try different keys.” The “lock” is a particular protein structure, and the “key” is a chemical that interacts with that target site. This could open the door to new medications that help the heart contract more efficiently and relieve or prevent heart disease.

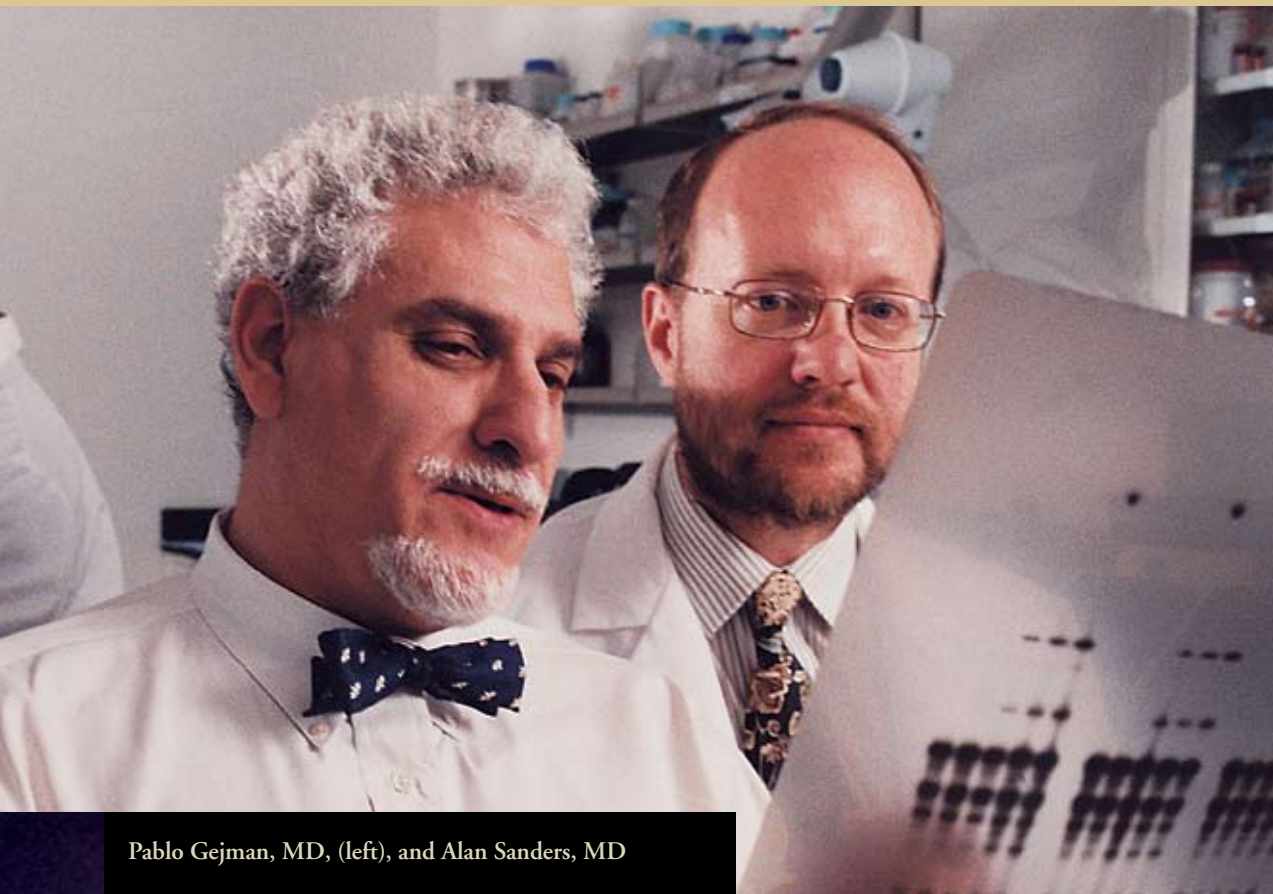
**“My grandfather, Owen L. Coon, saw himself as a link in a chain. As medical research evolves and medicine advances, the chain lengthens, a link at a time. The Owen L. Coon Foundation is pleased and proud to support the ENH Research Institute.”**

—Owen L. Coon III, Vice President,  
Owen L. Coon Foundation



Cardiovascular research at Evanston Northwestern Healthcare is closely integrated with clinical care, transforming the way heart patients are treated.

# Medical Genetics research



Pablo Gejman, MD, (left), and Alan Sanders, MD

**Pablo Gejman, MD, Director, Center for Psychiatric Genetics and Professor of Psychiatry in the Feinberg School of Medicine, has built a nationally and internationally prominent research program with an emphasis on the genetics of schizophrenia.**

USING THE NEWEST MOLECULAR METHODS TO UNDERSTAND HOW MEDICAL DISORDERS ARE INHERITED, PHYSICIAN-SCIENTISTS LIKE WENDY RUBINSTEIN, MD, PHD, DIRECTOR OF THE CENTER FOR MEDICAL GENETICS, ARE HELPING PATIENTS TO UNDERSTAND—AND MANAGE—THEIR RISK FOR DISEASE.

With a grant from the Daniel F. and Ada L. Rice Foundation, Dr. Rubinstein has established a center for genetic tumor profiling, using micro-array technology to find a tumor's Achilles heel and the best combination of agents to use against it. Additional initiatives aim to prevent and treat a range of neuro-degenerative and cardiovascular diseases, and to create customized screening and prevention protocols for members of at-risk families.

PABLO GEJMAN, MD, is an internationally prominent researcher who discovered an important gene for schizophrenia and bipolar disorder. He leads the Center for Psychiatric Genetics at Evanston Northwestern Healthcare. Dr. Gejman received the largest NIH research grant awarded to a psychiatrist in the U.S. His main areas of interest are clinical and biological inherited factors in major psychiatric disorders, molecular genetic diversity, and psychopharmacology and pharmacogenetics.



DNA testing and other techniques of molecular genetics can now be applied in almost every clinical specialty.

**Cutting-edge research aids in diagnosing neurological disorders and connects patients to the latest treatment options.**

## Neuroscience research

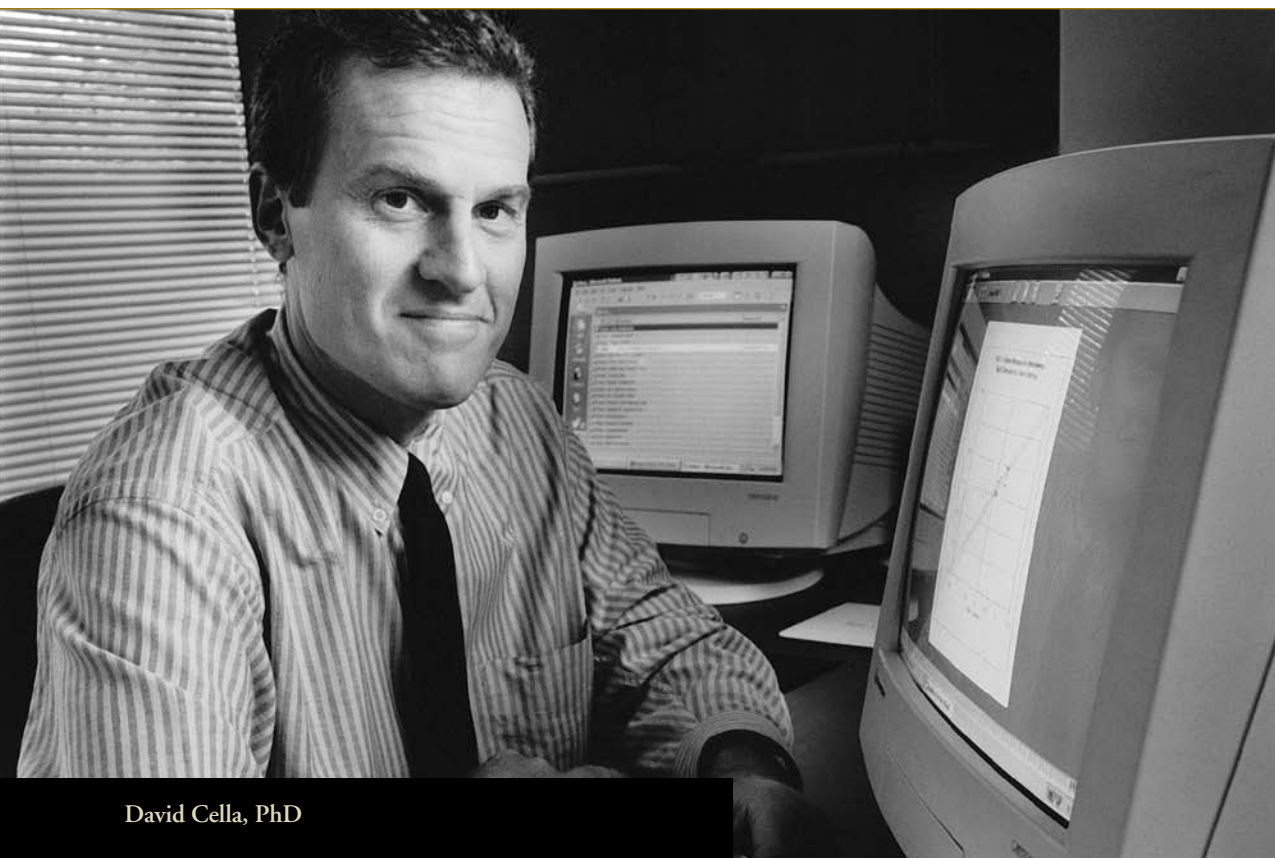
INVESTIGATORS AT EVANSTON NORTHWESTERN HEALTHCARE ARE PROBING MANY MYSTERIES OF THE BRAIN. OUR MOVEMENT DISORDERS CENTER, HEADED BY SPECIALIST MICHAEL REZAK, MD, PHD, HAS DEVELOPED INNOVATIVE SURGICAL TECHNIQUES TO HELP A RANGE OF PATIENTS WITH TREMORS. OUR CENTER OFFERS A GLOBAL APPROACH IN THE DIAGNOSIS AND TREATMENT OF PARKINSON'S DISEASE AND OTHER MOVEMENT-RELATED DISORDERS.

Evanston Northwestern Healthcare is at the forefront of research to improve the effectiveness of chemotherapy for brain tumors. NINA PALEOLOGOS, MD, has numerous clinical trials focusing on improved therapy for various types of brain cancer.

Under the direction of ISSAM A. AWAD, MD, Director of Neurovascular Surgery and Vice Chairman of Research in the Department of Neurological Surgery at the Feinberg School of Medicine, ENH is one of only six nationwide sites selected by the National Institute of Neurologic Disorders and Stroke (NINDS) to study a new treatment for patients with stroke. His NIH-funded basic research focuses on the molecular mechanisms leading to the genesis and growth of cerebrovascular anomalies, highly prevalent lesions that predispose patients to stroke and epilepsy.



Nina Paleologos, MD, Michael Rezak, MD, and Issam Awad, MD, (left to right)



David Cella, PhD

**“Dr. Cella has done some of the world's most important research on quality of life.**

**His survey instruments are the gold standard.”**

—*Barbara K. Rimer, DrPH, former division director at the National Cancer Institute (NCI)*

## Outcomes research

**TRACKING AND ANALYZING OUTCOMES AND QUALITY OF LIFE FOLLOWING TREATMENT TO ENSURE THAT PATIENTS BENEFIT PHYSICALLY AND EMOTIONALLY FROM THE CARE THEY RECEIVE IS THE ESSENCE OF OUTCOMES RESEARCH.**

DAVID CELLA, PHD, Professor of Psychiatry at the Feinberg School of Medicine, has built the ENH Center on Outcomes, Research and Education (CORE) into an internationally recognized resource for determining best practices across the continuum of medicine. “We provide the data to help determine the most appropriate treatment option in a given situation,” says Dr. Cella, who holds the Davis Family Chair of Outcomes Research.

CORE's more than 70 top-flight investigators and staff conduct research in many areas of clinical practice, with

more than \$29 million in total NIH support, and more than 20 industry collaborations. CORE's international reputation and success in garnering research awards are key to attracting the highest caliber physician-scientists to the ENH Research Institute.

“Dr. Cella has done some of the world's most important research on quality of life. His survey instruments are the gold standard,” says Barbara K. Rimer, DrPH, former division director at the National Cancer Institute (NCI). “Moreover, he and his colleagues have been a pivotal force in educating health care providers and others that quality of life indeed is both measurable and worth measuring.”

# Peri-neonatal research

RESEARCH ON CRITICAL DISEASES OF INFANTS BEFORE AND JUST AFTER BIRTH IS HELPING TO PREVENT AND CURE CONDITIONS THAT HAVE ELUDED MEDICAL SCIENCE FOR MANY YEARS, IMPROVING OUTCOMES FOR OUR PRECIOUS NEWBORNS.

When Kim Peterson's twins were born 11 weeks prematurely, she had never heard of neonatal necrotizing enterocolitis (NEC), a bowel-destroying disease that is the third leading cause of death of premature infants. But **MICHAEL CAPLAN, MD**, her attending neonatologist, has won international acclaim for NIH-funded research on the causes and treatment of NEC. He diagnosed the disease as soon as Aaron showed the first symptoms. Immediate treatment prevented serious damage and the need for surgery on the extremely fragile newborn.

Superior clinical care for high-risk mothers and babies has attracted more than 30 investigators to peri-neonatal research at Evanston Northwestern Healthcare. NIH-funded researchers are studying the genetic role in pre-term labor and exploring new therapies for fetal growth retardation and preeclampsia. Other scientists are focusing on biochemical changes that appear to be highly damaging to the neonatal brain, and strategies to prevent and treat lung disease and fetal birth defects.

In 2006, Liz Ellrodt and husband Scott Schweighauser established the Ellrodt-Schweighauser Family Chair in Perinatal Research.



**Michael Caplan, MD, has won international acclaim for NIH-funded research on the causes and treatments of necrotizing enterocolitis.**

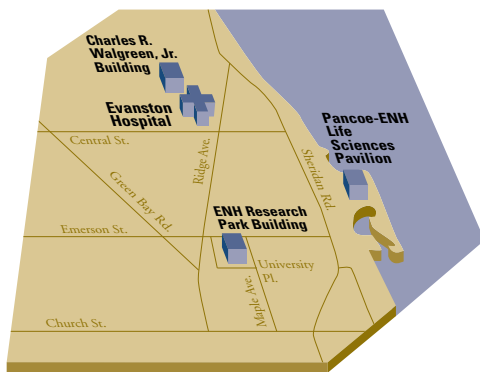
Kim Peterson and Michael Caplan, MD

## World-class research needs world-class infrastructure.

These resources provide support and a fertile environment for outstanding clinical and scientific minds to come together to create the best medical science.

IN JUST A DECADE, THE ENH RESEARCH INSTITUTE HAS GROWN FROM 25,000 SQUARE FEET IN THE OWEN L. COON RESEARCH CENTER TO MORE THAN 125,000 SQUARE FEET. THREE FACILITIES—BUILT BETWEEN 2001 AND 2004—ARE DEVOTED TO CLINICAL AND TRANSLATIONAL RESEARCH AND ENABLE EVANSTON NORTHWESTERN HEALTHCARE TO OFFER MULTIPLE OPTIONS FOR WORK SPACE, DEPENDING ON AN INVESTIGATOR'S NEEDS.

## Superb facilities



**CHARLES R. WALGREEN, JR. BUILDING.** Built in 2004 and housed on the campus of Evanston Hospital, this research and administrative building contains office and laboratory space for researchers and faculty members and is a hub for clinical research efforts. It houses the ENH Clinical Trials Center, a central resource for scientists who need help launching clinical trials. The Center for Advanced Imaging is also located here and provides imaging technology to support physician-scientists in every medical specialty.

**ARTHUR AND GLADYS PANCOE-EVANSTON NORTHWESTERN HEALTHCARE LIFE SCIENCES PAVILION.** ENH developed a pioneering approach by collaborating with Northwestern University to establish this facility in which translational and basic scientists work side-by-side. The Pavilion is located less than a mile from Evanston Hospital on the northern end of Northwestern University's main campus.

**ENH RESEARCH PARK BUILDING.** The flagship of our growing research enterprise, this facility provides clinical and translational research space in the heart of the Northwestern University-Evanston Research Park.

*“Major advances in biomedical research and translation of that research into clinical practice require collaboration between universities and their affiliated healthcare systems. The Pancoe-Evanston Northwestern Healthcare Life Sciences Pavilion symbolizes the cooperative efforts by those partners to continuing to advance scientific knowledge and cutting-edge healthcare.”*

— Henry Bienen, President, Northwestern University



ENH Research Park Building

Pancoe-ENH Life Sciences Pavilion

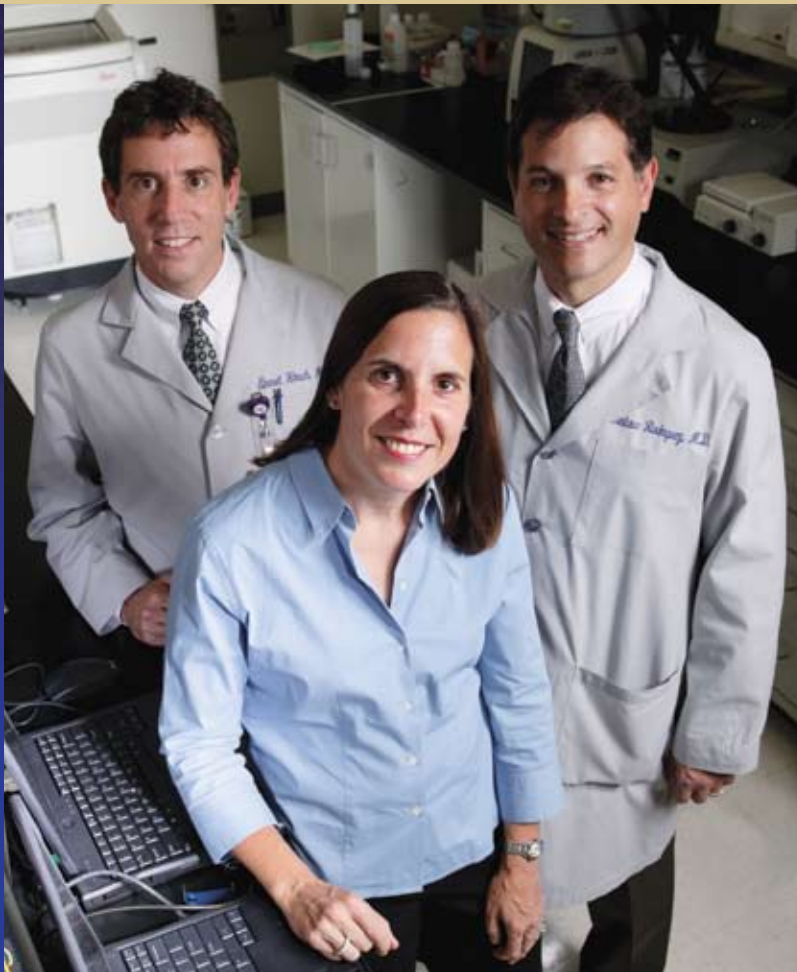
Charles R. Walgreen, Jr. Building



Thanks to visionary support from our local philanthropic community, the ENH Research Institute has made impressive progress over the last decade.

**The challenge now is to build the momentum.** Much remains to be done.

## Building the momentum



Research is uniquely and critically dependent on governmental sources, corporate support and philanthropy, like the charitable gift made by Kristen Hertel (center) and her husband, Muneer Satter. Grateful for the exceptional care they received following the birth of their triplets, their philanthropy is supporting the research of ENH physician-scientists Emmet Hirsch, MD (left) and Gustavo Rodriguez, MD.

Additional philanthropic support will expand the roster of world-class investigators and provide support equal to their talents. A major research presence ensures that the people of our communities receive world-class care—today and for generations to come. Support for research at Evanston Northwestern Healthcare is an investment in our community. Someday it may save your life, or that of someone you know or love.

For more information on how your philanthropic support can impact the physician-scientists and researchers of the ENH Research Institute, please contact the ENH Foundation at (224) 364-7200 or [www.enh.org/foundation](http://www.enh.org/foundation).

## Featured in these pages:

**ISSAM A. AWAD, MD, MSc, FACS**  
Director of Neurovascular Surgery  
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Research Professor, Institute for  
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Feinberg School of Medicine  
Northwestern University

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Professor of Radiology  
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Northwestern University

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Director, Cardiac Catheterization  
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## Research Institute

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