When Lois Podolsky was diagnosed with pancreatic cancer, she thought she was going to die. “It never dawned on me that I would get pancreatic cancer because it doesn’t run in my family,” said Podolsky of Chicago, an eight-year survivor of the most fatal of all gastrointestinal malignancies. “I assumed I didn’t have a chance.

But now, my husband, Milt, and I feel so fortunate that I lived through a disease that many other patients do not. We wanted to find a meaningful way to show our appreciation for my physician, Dr. Talamonti, and to provide doctors at ENH the resources they need to save more lives.” Recently, the couple made the first philanthropic gift of $500,000 to start a new pancreatic cancer clinical research fund, spearheaded by Mark Talamonti, M.D., Chairman of the Department of Surgery at ENH, and a nationally recognized leader in surgical oncology.
Pancreatic cancer research

CONTINUED FROM COVER

It is anticipated that this gift also will serve to inspire others and raise additional millions to further research initiatives that focus on finding ways to screen for pancreatic cancer at its earliest stages and to treat advanced stages of the disease with a variety of interventions.

“Dr. Talamonti has a gift for seeing the possible in what others see as hopeless. When he was in the room, I felt like I was in good hands,” Podolsky said.

“The Podolskys are fully committed to raising awareness of the need for continued philanthropic funding for pancreatic cancer research,” Dr. Talamonti said. “Our vision is to use their generous contribution as a cornerstone to develop a patient care program that complements robust cancer research with the potential to develop early diagnostic techniques and new therapies and improve patient outcomes.”

Facts About Pancreatic Cancer

Pancreatic cancer is the fourth leading cause of cancer-related deaths in the United States. It is a difficult cancer to treat with a five-year survival rate of 5 percent. Researchers at ENH are dedicated to improving on this statistic.

“There are no screening tests for this disease, and it typically develops without early warning signs,” Dr. Talamonti said. “By the time a patient notices symptoms, the cancer is at an advanced stage, making it difficult for patients to receive treatment to cure it.”

“It also makes it difficult for patients to support research on their own behalf,” said Wendy Rubinstein, M.D., Ph.D., Director of the ENH Center for Medical Genetics. “For instance, some patients who have certain types of cancer, such as breast cancer, are well enough to become active and vocal supporters for research. But pancreatic cancer is an aggressive form of cancer, and by the time patients are diagnosed, they are usually too ill to advocate for themselves. This is one reason why philanthropic support from families such as the Podolskys is so critical.”

Top Talent Studies Ways to Combat a Silent Disease

Under the leadership of Dr. Talamonti, physician-scientists at ENH are making important breakthroughs in clinical research to identify patients and families at high risk for pancreatic cancer and discover ways to prevent it, detect it early and treat it successfully. For instance:

- ENH is home to the most sophisticated and largest pancreatic cancer tumor bank database in the country. This resource will be used for several initiatives, including assessing patient outcomes and conducting clinical, molecular and biological research.

- Patients at ENH have access to several vaccine clinical trials, including a novel, post-operative anti-tumor trial, which also is taking place at other leading medical centers. This study is designed to trigger the immune system to recognize and destroy pancreatic cancer tumor cells and prevent recurrence in patients who have undergone the Whipple procedure.

- To understand the most effective combination of multiple therapies to treat pancreatic cancer, a clinical trial is under way for patients to undergo chemotherapy and radiation before surgery.

- Gastrointestinal (GI) subspecialists at ENH are investigating several new areas of research and opportunities for philanthropic support to diagnose pancreatic cancer with powerful experimental technologies and equipment, including endoscopic ultrasound and partial wave spectroscopy.

- Genetic screening studies are available to patients and families at high risk of developing pancreatic cancer. (See accompanying article, “The Pancreatic Cancer Family Registry.”)

- State-of-the-art diagnostic imaging studies are using powerful scanners to visualize areas in the pancreas where cancer originates and screen high-risk family members. (See accompanying article, “Powerful Technologies Reveal Never-Before-Seen Detail.”)

- Improving the survival rate of patients with pancreatic cancer has never had so much potential,” Dr. Talamonti said, “and much of our success is the result of a generous philanthropic community. Making discoveries requires continued support, however, and philanthropy will be vital to advance exciting research initiatives that directly impact patient care.”

If you are considering a gift to support pancreatic cancer research at ENH, please contact John Hanson, Director of Philanthropy. ENH Foundation at (224) 364-7208, jhanson@enh.org or visit www.enh.org/foundation.

THE PANCREATIC CANCER FAMILY REGISTRY

Pancreatic cancer runs in families with an inherited tendency as a possible factor in nearly 10 percent of cases. To learn more about the genetic predisposition of this disease, Mark Talamonti, M.D., in collaboration with Wendy Rubinstein, M.D., Ph.D., are continuing to develop the Pancreatic Cancer Family Registry, which began in 2002.

The registry is a repository of lifestyle, environmental, clinical and family history data collected from nearly 300 individuals across the country with a personal and/or family history of pancreatic cancer. It plays a pivotal role in singling out groups at high risk for pancreatic cancer. It also facilitates researchers in their hunt for novel genes associated with hereditary pancreatic cancer and risk factors that may contribute to its development.

In fact, ENH is participating in the Pancreatic Cancer Collaborative Registry, a partnership with pancreatic cancer researchers from other institutions. This data bank is a powerful resource to gain a better understanding of the causes of the disease and discover effective methods for early detection.

Several thousand high-risk individuals have enrolled in this registry—a sample that creates tremendous potential to hunt for possible genes that mutate and lead to pancreatic cancer.

Dr. Rubinstein also provides genetic counseling to patients and family members in an attempt to understand why pancreatic cancer is hard to detect, diagnose and treat early. “We have the techniques but not the resources to find genes that have gone awry. Philanthropic support will enable us to ‘fish’ out suspect genes by providing additional staff, reagents and equipment to perform the necessary DNA analyses,” Dr. Rubinstein said.
Investiture ceremonies for three endowed chairs at ENH recently were held to bestow the highest academic honor in medicine. These endowed chairs, funded by generous benefactors who recognize ENH’s excellence in diverse medical specialties, pay tribute to each chair holder’s outstanding contributions and advancements to patient care and medical research.

In May, David J. Winchester, M.D., Chief of the ENH Division of General Surgery and Surgical Oncology, was endowed as the first chair holder of the ENH Board of Directors/David P. Winchester, M.D. Chair of Surgical Oncology. David P. Winchester, M.D., is former Chairman of the ENH Department of Surgery and has practiced for nearly 40 years at ENH. It was the wish of a generous anonymous donor that this endowed chair be created in his honor.

Dr. David J. Winchester is a leader in surgical research trials in breast cancer and Co-Director of the Patricia G. Nolan Center for Breast Health at ENH. “With this newly endowed chair, I hope to achieve a broader impact through scientific discovery that will affect the lives of many patients, advance clinical research initiatives and, ultimately, give back to the community,” Dr. Winchester said.

In June, Nina A. Paleologos, M.D., Director of the ENH Neuro-Oncology Program, was endowed with the Stanley C. Golder Chair of Neuroscience Research. Under her leadership, the Neuro-Oncology Program at ENH has earned a national reputation in providing excellent patient care, advancing medical education, conducting clinical trials to provide patients with the best treatments available and offering invaluable support programs for patients, caregivers and family members.

Curt M. Horvath, Ph.D., was awarded the Jean Ruggles Romoser Chair of Cancer Research, also in June. A Senior Scientist at ENH, Dr. Horvath’s work involves studies funded by the National Institutes of Health and the American Cancer Society, among others. The goal of his research is to learn fundamental mechanics of genetic control, which will lead to improved therapies and strategies for treating cancer, and to understand viral infections and the body’s immune system response.

To learn more about how endowed chairs and philanthropy can strengthen patient care, research and academic medical education at ENH, please contact John Hanson, Director of Philanthropy, ENH Foundation at (224) 364-7208, jhanson@enh.org.

The pancreatic duct is the presumed origin of all pancreatic cancers. Currently, only a biopsy yields a definitive diagnosis of the disease, although in the imaging laboratories at ENH, physicians are using noninvasive diagnostic imaging techniques to obtain biopsy-quality views of a patient’s pancreatic duct in order to detect precancerous cells. To diagnose and stage pancreatic cancer, these pioneering researchers use traditional imaging methods, such as computed tomography (CT) and advanced CT angiography, which have improved visualization of the abdomen, pancreas and blood vessels. They also use high-powered 3T Whole-Body Magnetic Resonance Imaging (MRI), which offers improved imaging power over the standard 1.5T MRI.

This state-of-the-art technology may help doctors visualize the pancreatic duct in much greater detail and provide them with the capability to spot tumors at much smaller sizes and with better image resolution. It also may help identify the earliest changes in pancreatic cancer development and screen family members at high risk for pancreatic cancer. World-renowned imaging expert Robert Edelman, M.D., Chairman of the Department of Radiology, is working with the pancreatic cancer team to conduct research on how the 3T MRI can provide high-resolution views of the pancreas and biliary tract, and allow even greater diagnostic accuracy.

“Philanthropy will help us continue to improve techniques for early detection of pancreatic cancer by providing resources to support Ph.D.-level scientists, conduct research investigations and develop even newer imaging technologies,” Dr. Edelman said.

Dr. Edelman (right) and colleague discuss latest MRI technologies.
Advancements in biomedical research depend on the talent and professional development of the very people who work toward achieving the next new breakthrough or improvement in patient care. For emerging scientists, reaching the next level in their careers helps maintain forward momentum in all areas of research—and this is when the role of philanthropy is critical.

More than a decade ago, the Golder Family Foundation, working in partnership with Michael S. Caplan, M.D., Chairman of the ENH Department of Pediatrics, established the Jessica Jacobi Golder Fellowship at ENH to honor the memory of Jessica Golder. Baby Jessica lived only two days after surgery to remove a large tumor. “When our baby died, we wanted to find a way to make something good out of one of the world’s most horrible circumstances—the death of a child,” explains David Golder, member of the ENH Foundation Board of Directors. “Supporting perinatal research offered the biggest future impact. In honoring one little girl’s memory, we had the potential to help hundreds, maybe thousands, of other infants.”

The generosity of the Golder family has allowed Dr. Caplan to expand the work of the Perinatal Research Group by supporting researchers who are studying necrotizing enterocolitis (NEC). Dr. Caplan is a nationally renowned research leader investigating NEC, a potentially life-threatening gastrointestinal disorder that occurs in 10 percent of all premature babies who weigh less than 3.5 pounds. While the causes of NEC still puzzle medical experts, the results—inflammation of the intestines leading to bowel tissue death—clearly put these infants in grave danger.

In 1997, Tamas Jilling, M.D., received the first Golder Fellowship, which enabled him to make valuable contributions to the Perinatal Research Group. It also allowed him to take the next step in his career in 2007, when he was invested with the Ellrodt-Schweighauser Family Chair of Perinatal Research (see accompanying article). Awarded to another outstanding researcher, the Golder Fellowship currently supports the work of Jing Lu, Ph.D. Dr. Lu joined ENH in 2000 as a post-doctoral fellow and junior investigator and has progressively helped to advance the Perinatal Research Group’s pioneering work in the area of NEC.

Dr. Lu’s efforts focus on determining the benefit of polyunsaturated fatty acids as an additive in baby formula for preterm babies. In early studies, these fatty acids appear to reduce incidences of NEC. “The next step in our laboratory research is to study the effect of prenatal supplements containing polyunsaturated fatty acids to see if they have a positive effect on a premature baby’s outcome,” said Dr. Lu, a nutritional sciences expert.

Support from the Golder Fellowship will allow Dr. Lu to embark on another aspect of her perinatal research. She plans to study a chemical found in the blood called platelet activating factor (PAF) to understand its influence on apoptosis, or cell death, in the cells lining the intestinal wall. Previous studies have suggested that the effect of this blood chemical may cause inflammation in the intestines of premature, low-weight babies, one of the hallmarks of NEC. Dr. Lu’s research also will examine factors that modify PAF’s influence and work to promote cell survival.

“Obtaining government grants is difficult and highly competitive, especially for up-and-coming researchers,” Dr. Lu said. “Private funding from sources such as the Golder Fellowship is crucial for a researcher’s early career because this type of support helps scientists create preliminary data, so they can successfully compete for future private, public and other funding.”
Fellowship in Underserved Family Medicine Addresses Community Healthcare Needs in Lake County

The Healthcare Foundation of Highland Park recently awarded a $105,000 grant to the ENH Department of Family Medicine to establish a Fellowship in Underserved Family Medicine. This one-year Fellowship, which is the first-of-its-kind in the Chicago metropolitan area—and possibly the nation—will help strengthen the partnership between Highland Park Hospital, the North Shore Health Center and the Lake County Health Department. It also will assure ongoing, comprehensive primary care for individuals and families who rely on these organizations for healthcare.

“The Healthcare Foundation of Highland Park is committed to promoting healthcare services and programs in the Highland Park and Highwood communities,” said Jim Styer, chairman of the Foundation. “Our grant to begin a Fellowship in Underserved Family Medicine is in keeping with our intention to support initiatives that benefit the members of our communities and their overall health.” The Healthcare Foundation of Highland Park is a community trust created by ENH, in partnership with community leaders, as a result of the merger between Evanston, Glenbrook and Highland Park Hospitals.

In addition to bringing significant benefits to the medically underserved communities in Lake County, this Fellowship program has transformative capabilities well beyond clinical care. Through this grant, the ENH Department of Family Medicine will enhance this patient population’s quality of health and quality of life.

“In a larger sense, this Fellowship responds in a local way to two national crises—the acute unmet needs of a growing number of underserved and uninsured, and the critical shortage of physicians qualified to provide care to these patients,” said Thomas F. Gavagan, M.D., M.P.H., Vice Chairman of the Department of Family Medicine. “It will build the momentum on a regional level to address the nationwide need to train primary care physicians with a commitment to serve predominantly indigent communities.”

Dr. Gavagan oversees the Fellowship in Underserved Family Medicine and works closely with the Lake County Health Department to help provide healthcare to the county’s residents.

Mariya Dmytriv, M.D., is the first fellow chosen for the program and will begin providing patient care in August 2008. Dr. Dmytriv received her medical degree from Ternopil Medical Academy in the Ukraine. She completed her family practice residency at St. Elizabeth Hospital in Chicago. During her Fellowship program, Dr. Dmytriv also will work toward a master’s degree in public health.

Special Skill Set is Critical

Few physicians who specialize in Family Medicine have the necessary skills needed to meet the public health challenges of the medically indigent patient population. This Fellowship is designed to provide those necessary skills, many of which are not addressed during a typical three-year residency training program. For instance, learning how to administer healthcare delivery to the underserved, manage clinic personnel, obtain government funding and understand accreditation requirements, among other responsibilities, requires additional training beyond the traditional hospital- and clinic-based Family Medicine residency program.

Permanent Funding

The Fellowship in Underserved Family Medicine is a pilot program with funding from the Healthcare Foundation of Highland Park to support a fellow for one year. ENH Foundation, in collaboration with the Department of Family Medicine, is seeking additional support from a variety of philanthropic community sources to establish it as a permanent educational opportunity.

“In a larger sense, this Fellowship responds in a local way to two national crises.”
—Thomas Gavagan, M.D., M.P.H.

Physicians chosen for this Fellowship will step beyond the hospital and clinic environment and provide direct primary care to patients as they develop a deeper understanding of cultural dynamics, and assess and respond to unmet community healthcare needs. Other components of the Fellowship program include conducting community-based epidemiological research regarding issues such as infectious diseases, nutrition, safety prevention, mental health, prenatal care and child health, and furthering community health education initiatives.

“In addition to developing a unique set of public health skills, this Fellowship will enable physicians to become advocates for a community’s health needs,” Dr. Gavagan said. “Our vision is to make medicine responsive to problems from the community’s point of view.”

Pilot Program in Need of Permanent Funding

The Fellowship in Underserved Family Medicine is a pilot program with funding from the Healthcare Foundation of Highland Park to support a fellow for one year. ENH Foundation, in collaboration with the Department of Family Medicine, is seeking additional support from a variety of philanthropic community sources to establish it as a permanent educational opportunity.

“This program provides ENH with a national reputation for its commitment to reach out to a community in need,” said Colleen D. Mitchell, President, ENH Foundation. “We are grateful for working with the Healthcare Foundation of Highland Park, which recognizes the importance of this initiative and is playing a key role in helping us acquire additional funds to support it. With a reliable stream of funding, preventative, and possibly permanent solutions could be put in place to meet the healthcare needs of this most vulnerable patient population.”
From simple movements you take for granted, like standing up, bending your knees and taking a walk to once-in-a-lifetime activities like running a marathon, the complex muscles and bones that make up your musculoskeletal system get a workout every day.

“Most of us want to have an active lifestyle,” said William J. Robb III, M.D., Chairman of the ENH Department of Orthopaedic Surgery, “but a sports injury, broken bone or degenerative conditions, such as osteoarthritis, can sideline even the most well-intended and profoundly affect a person’s quality of life. Our orthopaedic specialists offer the latest advances in care to treat a variety of disorders and get patients back on their feet.”

ENH has a long tradition of orthopaedic excellence with a commitment to heal, research and teach. “This legacy is vitally important because with the aging demographics, the number of patients who need orthopaedic care, including surgery to replace joints and treat sports-related injuries, is expected to increase fourfold over the next 20 years,” Dr. Robb said. “Philanthropic gifts allow the Center for Orthopaedics to continue its leadership role in enhancing program initiatives, providing specialized care— from minimally invasive treatments to complex microsurgery—and advancing research to improve care in the future.”

Meeting Patient Needs

With a combination of compassionate healthcare professionals and exceptional facilities, the Center for Orthopaedics cares for patients with a wide range of musculoskeletal diseases and injuries. At ENH, orthopaedic care is provided by a multidisciplinary team, including highly specialized surgeons and radiologists, nurses, physical therapists and physician assistants. Patients of all ages have access to comprehensive diagnostic, treatment and rehabilitation programs that include:

- **Adult Joint Reconstruction** (See accompanying article on the new Total Joint Replacement Center.)
- ENH was a pioneer in developing designated care plans, or pathways, for patients who needed joint replacement of the hips or knees,” said James C. Kudrna, M.D., Ph.D., senior attending surgeon. “These care plans reduced a patient’s average length of stay in the hospital from 18 days to only three to five days.”
- ENH has been performing total ankle replacements for nearly 10 years, and is currently designing a new ankle prosthesis for worldwide release. ENH is now considered a top performer in total ankle replacement surgery in the United States, drawing patients from across the country.

**Podiatry**

“Podiatry at ENH is a multifaceted...
specialty that involves surgically correcting foot deformities, treating arthritic joints of the foot, minimizing sports-related injuries and preventing neurological and vascular complications from diabetes, which can lead to foot amputation,” said Michael Weisman, D.P.M., Section Head of Podiatry in the Department of Orthopaedic Surgery.

Hand and Upper Extremity Care According to Program Head Leon S. Benson, M.D., the Hand and Upper Extremity Section of the Department of Orthopaedic Surgery provides surgical and nonoperative care for patients with conditions such as trauma from broken bones; dislocations; animal bites and lacerations; arthritic elbow, wrist and shoulder joints; and overuse injuries like carpal tunnel syndrome.

Spine Care “ENH’s spine surgeons offer comprehensive evaluation and treatment of spine disorders and diseases,” said David Shapiro, M.D., Section Head. “These include both surgical and nonsurgical methods to correct back disorders and help patients resume their normal lives.” Orthopaedic expertise includes minimally invasive nerve decompressions and fusions, the correction of spinal deformities and emerging technologies, such as lumbar and cervical disc replacement. Dr. Shapiro provides care along with fellow spine specialists Eldin Karaikovic, M.D., Ph.D., and Gary Shapiro, M.D.

Sports Medicine This comprehensive program cares for elite and student athletes, weekend warriors and other active adults who suffer over-use or acute traumatic injuries. Several orthopaedic specialists practice in the sports medicine section, including Greg Palutis, M.D., Section Head, and Steven D. Levin, M.D., Chief of the ENH Medical Group Orthopaedic Surgery Program.

Trauma Care The Trauma Section of Orthopaedic Surgery, led by David Beigler, M.D., cares for patients with severe musculoskeletal injuries, including fractures, joint injuries and diseases, and multiple traumas. This section has been working to develop a “coordinated care” program for fragility fractures related to osteoporosis.

Orthopaedic surgeons at ENH also are using innovative new surgical techniques, clinical practices and patient education programs. For instance, the Psychomotor Skills and Virtual Reality Laboratory is a state-of-the-art, hands-on training center that directly supports orthopaedic education and research programs for surgical residents. The new Boynton Robbins Total Joint Replacement Patient Education Program, established with a generous contribution from Virginia and W. Austin (Bud) Boynton, offers a comprehensive pre-operative orientation curriculum that guides patients from their initial diagnosis to full recovery following surgery.

A pioneering Fragility Fracture Program is in early stages of development to meet the needs of older adults throughout the ENH community with osteoporosis-related fractures by providing comprehensive prevention and treatment programs for these potentially devastating fractures.

“Many of our surgeons also are actively involved in national and medical organizations and are committed to teaching a new generation of orthopaedic surgeons through their faculty appointments,” Dr. Robb said.

Advancing Research The ENH Department of Orthopaedic Surgery has an active research program in place, and its physicians publish regularly in peer-reviewed publications. In fact, a team of ENH researchers recently found that screening and treating patients for *Staphylococcus aureus* (S. aureus), a serious complication that can occur after joint replacement surgery, significantly reduces the risk of postoperative surgical site infections for patients undergoing hip and knee replacement. Their findings are published in the March 2008 edition of *Clinical Orthopaedics and Related Research*.

Other research initiatives that complement patient care programs and directly benefit patients in the clinical setting include, among others, designing new joint replacement technologies with greater longevity and improved functionality, comparing the effectiveness of treatments for patients with cervical spine injuries and knee osteoarthritis, and supporting a database registry for the Total Joint Replacement Center to manage, track and improve outcomes.

Making a Difference with Philanthropic Support “These and other critical research programs provide patients the opportunity to participate in clinical trials designed to explore emerging treatment options and improve orthopaedic care,” Dr. Robb said, “but they cannot continue without adequate funding. Philanthropic support is critical, particularly in the area of collecting and analyzing data to assess patient outcomes and quality of life on an ongoing basis.”

Continued philanthropic investment also will play a critical role to advance other initiatives in the Department of Orthopaedic Surgery. In fact, resources are needed to create endowed chairs and endowments; invest in new technology, such as robotic surgery applications; and establish a dedicated surgical research fund to advance comprehensive clinical trials.

If you would like to learn more about supporting the Center for Orthopaedics philanthropically, please contact Lauren Bergquist, Assistant Director, Fund Development, ENH Foundation, (224) 364-7214, lbergquist@enh.org. For more information about orthopaedics at ENH, please visit www.enh.org.
Day and night, physicians provide vital care to patients. To honor their work and dedication, ENH celebrated National Doctor’s Day on March 30 and received tremendous support from patients who made contributions to recognize their exceptional care. Doctor’s Day was established in 1990 by the U.S. Congress so patients and family members could acknowledge and express their deepest appreciation for their physicians.

“You and your team truly have given me the opportunity to carry on,” said Martin Dugan, a patient of Nina Paleologos, M.D., Director of the Neuro-Oncology Program. A resident of Holland, Mich., Dugan came to ENH for follow-up after surgery for glioma, a relatively uncommon brain tumor. His sister, who lives in Chicago, suggested he make an appointment at ENH for further evaluation.

Because of his care and treatment, Dugan made a gift in honor of Dr. Paleologos. “I feel blessed to receive care at ENH and particularly grateful to be here for my sons,” said Dugan, who ran a marathon three years after his 2005 diagnosis with his 26-year-old son, Kevney.

Evangeline Bouton made a generous contribution in honor of Stephen F. Sener, M.D., Vice Chairman, ENH Department of Surgery. “Dr. Sener is a wonderful physician and exceptional surgeon,” Bouton said. “He has given me the precious gift of a lifetime.” Quoting Marcus Tullius Cicero, Bouton explained, “Gratitude is not only the greatest of virtues, but the parent of all others.”

Although Doctor’s Day invites patients and families to honor their physicians by making an Annual Fund gift on March 30, contributions can be made year-round. For more information about Doctor’s Day, or to make a contribution, please contact Sarah Sullivan, Director of Annual Giving, ENH Foundation, (224) 364-7209, ssullivan@enh.org.

Congratulations to the Following ENH Physicians Honored on 2008 National Doctor’s Day:

Victoria W. Amesbury, M.D.
Ermilo Barrera, M.D.
Meredith G. Belber, M.D.
Alfonso Bello, M.D.
Leon S. Benson, M.D.
Andrew A. Berman, M.D.
Ira J. Bernstein, M.D.
Michael D. Blum, M.D.
Charles B. Brendler, M.D.
Santiago A. Candocia, M.D.
Michael S. Caplan, M.D.
Hoyee Chan, M.D.
Scott B. Cienkus, M.D.
Jeffrey W. Cozzens, M.D.
Rupa V. Desai, D.O.
Leon H. Dragon, M.D.
Barbara E. Drevlow, M.D.
John H. Ebihara, M.D.
Vincent Fang, M.D.
Ted E. Feldman, M.D.
Kathy A. Fisher, M.D.
Pablo V. Gejman, M.D.
Jeffrey G. Geohas, M.D.
Adi Gidon, M.D.
Michael J. Goldberg, M.D.
Alfredo A. Gonzalez, M.D.
David L. Grinblatt, M.D.
Zoran M. Grujic, M.D.
Norman S. Gutmann, M.D.
Steven L. Haddad, M.D.
Paul Helman, M.D.
Daniel Horner, M.D.
Thomas H. Hudgins, M.D.
Jean Hurteau, M.D.
Gregory D. Kaczmarek, M.D.
Lynne S. Kaminer, M.D.
Richard H. Knop, M.D., Ph.D.
Jose M. Kogan, M.D.
James C. Kudrna, M.D., Ph.D.
Mark B. Lampert, M.D.
David J. Lerner, M.D.
Cori Levinson, M.D.
Nancy M. Mantich, M.D.
Michael S. McGuire, M.D.
Gregg M. Menaker, M.D.
Douglas E. Merkel, M.D.
Kim C. Meyers, M.D.
Maria M. Michelotti, M.D.
Jory A. Natkin, D.O.
Todd S. Newberger, M.D.
Jennifer Obel, M.D.
Joseph Olinger, M.D.
Nina A. Paleologos, M.D.
James T. Perkins, M.D.
Vathsala T. Raghavan, M.D.
Michael E. Rezk, M.D., Ph.D.
William J. Robb, III, M.D.
Russell G. Robertson, M.D.
Gustavo C. Rodriguez, M.D.
Wendy S. Rubinstein, M.D., Ph.D.
Ernest J. Saliba, M.D.
Peter K. Sand, M.D.
Debra L. Schlossberg, M.D.
Daphne Schneider, M.D.
Ronald A. Semerdjian, M.D.
Stephen F. Sener, M.D.
Gary S. Shapiro, M.D.
Richard K. Silver, M.D.
Edwin J. Smolevitz, M.D.
Stuart M. Sprague, D.O.
Mark S. Talamonti, M.D.
Charles A. Thorsen, M.D.
Laura L. Wally, M.D.
Ira W. Weiss, M.D.
Herschel M. Weller, M.D.
Barry L. Wenig, M.D., M.P.H.
Frank J. Weschler, M.D.
Kiril Zhavodich, M.D.

NEW! TUNE IN TO ENH RADIO

In June 2008, ENH Radio began broadcasting live online every other Wednesday from 1 to 2 p.m. to bring you up-to-date health information from ENH experts. Join in as ENH Radio host, Melanie Cole, goes one-on-one with physicians, researchers and other healthcare professionals as they answer listeners’ questions about important health issues that range from genetic testing to cancer to heart disease.

To listen live, visit www.enh.org and click “On the Air” displayed on the ENH Radio Web page from 1 to 2 p.m. For listeners who miss the live discussion, ENH Radio programs are archived. Download them for free at www.enh.org/aboutus/press/radio.
They came to hear "ABC-TV Good Morning America" Robin Roberts’ story about her life with breast cancer. This popular co-host had the audience of more than 400 laughing and teary-eyed, often at the same time. They listened intently to her message of hope and faith, but Roberts put the focus on them. “I’m inspired by you,” she told the audience. “You are the ones making a difference.”

The Auxiliary of ENH and the American Craft Exposition (ACE) presented the May 31 event, “A Profile of Strength,” at the Michigan Shores Club in Wilmette. The Auxiliary is part of ENH Foundation, the leading philanthropic entity of ENH that raises charitable contributions, engages volunteer friends and invests in community partnerships to give the gift of health. ACE has raised $2.75 million for ENH breast and ovarian cancer research initiatives. (See page 11, “Save the Date.”) Proceeds from this event also benefited breast and ovarian cancer research at ENH. After Roberts spoke, she and a panel of ENH physicians took questions from the audience.

Fights Cancer With Grace and Humility

Just a little over a year ago, the 47-year-old Roberts found a lump in her breast. When the doctor told her she had breast cancer, she told the audience, “That’s all I remember; the rest is a blur.” Heads bobbed up and down among the group of patients with cancer, friends, family members, ENH volunteers and donors who knew exactly how Roberts felt.

Roberts underwent surgery and chemotherapy, and now gets regular checkups. During her treatment, she decided to share her story with her TV audience and broke the news on air while holding the hand of her co-anchor, Diane Sawyer. She was not prepared for the overwhelming public reaction, and her diagnosis sparked discussion across the country.

“I’m so thankful for the work that’s being done here at ENH,” she said. “By being in the audience here today, you are making a difference and supporting research that is going to save lives.”

Event Affects Special Attendee

Many in attendance felt a special connection to Roberts. One was Kellie Foret, a 44-year-old woman with end-stage ovarian cancer. She and her husband drove five hours from Dearborn, Mich., to see Roberts because Foret had struck up a friendship with Roberts two years ago when she tried to get more publicity about ovarian cancer.

“Finally meeting Robin was a wonderful part of the day,” Foret said, “but I also felt privileged to talk with the doctors on the ENH panel and survivors like me.”

Foret had visited doctor after doctor for two years seeking an explanation for her back and abdominal pain. Initially diagnosed as ovarian cysts, doctors discovered she had advanced ovarian cancer during exploratory surgery. By that time, the cancer had spread to her pancreas, colon, bladder and liver.

“I felt loved the whole day,” said Foret, who has decided to name ENH the beneficiary of her efforts to raise funds for ovarian cancer research. Foret is a jewelry designer with a following among several upscale shops in Michigan, and her Web site is devoted to women with breast and ovarian cancer whom she has met along the way. Roberts actually wears Foret’s jewelry on Good Morning America, and after the event, Foret said she was anxious to give back to ENH so that it can continue its good work.

She is especially interested in ENH’s research into early detection and treatment of ovarian cancer because her 14-year-old daughter tested positive for carrying the gene that causes the disease. “That’s been the toughest part of all this,” Foret said.

Research Desperately Needed

Stephen Sener, M.D., Vice Chairman, ENH Department of Surgery; Wendy Rubinstein, M.D., Ph.D., Director of the ENH Center for Medical Genetics; and Elaine Lee Wade, M.D., an Associate Director of the Patricia G. Nolan Center for Breast Health at Glenbrook Hospital, joined Roberts as the medical panel to take questions from the audience.

They also described local and international research efforts at ENH to prevent breast-ovarian cancers and detect them at early stages.

In addition to supporting research at ENH, Foret is busy designing a particular pair of earrings for women going through their struggle with cancer. “My ‘Tree of Life’ earrings are big and bold,” said Foret, who also is fighting her diagnosis with grace and humility. “They make a woman feel beautiful when she wears them, even if she has no hair.”

To learn more about how you can support breast and ovarian cancer research at ENH, please contact Allyson Regnier, Senior Director of Philanthropy, ENH Foundation, (224) 364-7207, aregnier@enh.org.

To find out about how to purchase a piece of jewelry from Kellie Foret’s Web site to support ovarian cancer research, please visit www.pulsejewelry.com.

To learn more about research on hereditary breast, ovarian and other cancers, please visit www.enh.org/genetics.
ENH Foundation Community Engagement

HOSPITALS’ GALA 2008

The Auxiliary of ENH hosted the International Affair Gala 2008 on June 14 at the Hilton Chicago. More than 725 guests and 30 corporate sponsors supported the Gala, including title sponsor Aramark Healthcare and presenting event sponsor JPMorgan Chase.

Proceeds were directed to the ENH Division of Neurology Alzheimer’s and Memory Assessment Center at Glenbrook Hospital, and concluded a two-year commitment to support this multidisciplinary team of specialists for comprehensive, coordinated care to members of our community, now and in the future.

2008 Gala co-chairs Heather Blackwell (left) and Claudine Gerbel with husbands Bill Blackwell and Steve Gerbel

CAROL GOLLOB FOUNDATION “SWINGING FOR A CURE” CHARITY TENNIS CLINIC

On April 26, tennis enthusiasts of all skill levels participated in the Carol Gollob Foundation for Breast Cancer Research 2008 “Swinging for a Cure” Charity Tennis Clinic. Fifty professional tennis instructors contributed their time and talent for the clinic, which was followed by a dinner, raffle and silent auction.

Established in 1993, the Carol Gollob Foundation is committed to educating people about breast cancer and funding research for its detection, prevention and cure. Proceeds from its annual Charity Tennis Clinic support breast cancer research at ENH and the Robert H. Lurie Comprehensive Cancer Center at Northwestern University.

12TH ANNUAL MYRA RUBENSTEIN WEIS HEALTH RESOURCE CENTER LUNCHEON

More than 300 guests gathered to “Be Happy and Celebrate LIFE” at an April 30 luncheon—and to raise resources and awareness for the ENH Living in the Future (LIFE) cancer survivorship program. LIFE creates a bridge between the oncology treatment experience and post-treatment care. “It is the healthcare escort for cancer survivors from treatment to living in the future,” said Carol Rosenberg, M.D., Director of the LIFE program.

The Myra Rubenstein Weis Health Resource Center is located at Highland Park Hospital and promotes health, education and awareness to the communities served by Highland Park Hospital and ENH.

From left: Jesse Peterson Hall, president, Highland Park Hospital; speaker Gabrielle Johnson; Ellen Rubenstein Goldstein; and Paul Goldstein, M.D.
Leadership Gifts

ENH Foundation wishes to thank the following individuals, corporations, foundations and organizations for gifts and grants made at the Leadership level ($10,000+) during The Campaign for ENH from April 1, 2008, through June 30, 2008. To date, more than $150 million has been raised for The Campaign.

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American Brain Tumor Association*
Mr. and Mrs. Jules F. Bernard*
Helen Brach Foundation*
Estate of Carol E. Danielson
Delta Foundation
Ms. Jennifer J. Just and Mr. Matthew N. Hulsizer
Mr. Gregory K. Jones*
Mr. Paul A. Jones*
Mr. Marshall Marcovitz
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*Denotes that the donor made previous leadership gifts to The Campaign.

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Save the Dates
The American Craft Exposition
AUGUST 22-24, 2008
Benefit Preview Party August 21, 2008

One of the country’s premier fine crafts shows, the American Craft Exposition (ACE) is presented annually by The Auxiliary of ENH. Celebrating its 24th year, ACE brings together 150 superior artisans and one-of-a-kind quality work. This important art event is also a major fundraiser to support critical breast and ovarian cancer research at ENH.

Join us on Friday evening, August 22, for Fashion and Friends on Friday, as emerging artist Kat Szymanski moderates a design challenge with wearable craft. Bid online on amazing pieces of craft by celebrated ACE artists from August 1 to 30, 2008. To bid, visit www.americancraftexpo.org.

Proceeds support breast and ovarian cancer research at ENH.

For more information, please contact Cathy White, Auxiliary Manager, (847) 570-5041, or visit www.americancraftexpo.org.

Key to the Cure
OCTOBER 16-19, 2008

The Auxiliary of Highland Park Hospital (HPH) partners with Saks Fifth Avenue in this national charity shopping event. Held annually, Key to the Cure benefits charitable programs dedicated to finding new detection methods and treatments through the Women’s Cancer Research Fund. Locally, a percentage of each sale at the Saks Fifth Avenue in Highland Park benefits the Kellogg Cancer Care Center of ENH.

For more information, please contact Sue Roenfeld, Auxiliary HPH Manager, (847) 926-5003.

The Associate Board of ENH Annual Benefit
NOVEMBER 15, 2008

A Night in Venice: A Masquerade will be held at The James Hotel in Chicago. Proceeds from this annual benefit, in its fourth year, will support the Infant Special Care Unit (ISCU) and the Department of Pediatrics at Evanston Hospital.

The Associate Board of ENH is a fundraising organization of young professionals providing members with philanthropic, educational and service programs that benefit ENH and the community.

For more information, please contact Kate Dell, Associate Board Manager, (847) 570-5306, associateboard@enh.org, or visit www.enh.org/associates.
Deb Walsh of Winnetka remembers many of her late husband Jim’s favorite activities. He frequently power walked to stay fit, and he enjoyed traveling. Golf was one of his passions.

In May 2005, Jim Walsh, a vibrant 60-year-old retired business executive, started experiencing digestive problems. Within a month of his symptoms, Walsh and his family learned he had pancreatic cancer. He enrolled in a clinical trial offered at ENH, but his condition rapidly deteriorated over the summer. Using the services of ENH Hospice, Walsh passed away five months after his diagnosis, surrounded by loved ones, in the comfort of his home.

In his honor, Walsh’s family and friends established the James F. Walsh Foundation. During the past two years, the Foundation has raised funds through an annual memorial golf outing and has donated all the proceeds to support early detection efforts and continue pancreatic cancer research. It also has made possible a variety of programs—among them Life Stories and Lessons, an innovative new service of ENH Hospice.

This program helps patients reflect on their lives, record their personal stories for loved ones and, in some instances, come to peace with the process of dying. Under the guidance of ENH Hospice professionals, patients leave their lasting memories through audio, video or written messages. A recent gift from the James F. Walsh Foundation enabled ENH Hospice to add this important patient program through the purchase of high-tech audio-visual equipment.

“During Jim’s illness, ENH Hospice was completely attuned to our needs and fully supported us through this difficult time,” Deb said. “We were delighted when we heard about the idea of this program, impressed with what it could help accomplish and wanted to assist in any way we could to help other families like ours.”

To support the ENH Hospice, please contact Lauren Bergquist, Assistant Director, Fund Development, ENH Foundation, (224) 364-7214, lbergquist@enh.org.

Foundation Gift Helps ENH Hospice Patients Tell Their Life Stories