What Genes Say About Your Health

At NorthShore and Swedish Medical Group, we include genetics as part of each patient’s care plan. Genetic testing, along with your family health history, helps your healthcare provider understand your genetic risk for certain diseases so that they can work with you to create a proactive screening and prevention plan that is tailored to you.

Talk with your NorthShore or Swedish Medical Group physician to get started today.

Gain Helpful, Actionable Insights with Genetic Testing

• Genetic testing can help you learn about your risk for certain cancers and heart conditions and how your body might process certain medications.
• Results can help your physician develop a screening and prevention plan best tailored to you.
• Your results may also help your family members understand their risk for certain conditions.

What You’ll Learn

Genetic Health Screen

The patient portion cost of this genetic test is $99.

Cancer
Inherited risk for breast, ovarian, uterine, colon, melanoma, pancreatic, stomach, and prostate cancers

Heart
Risk for some genetic forms of heart disease, such as inherited high cholesterol, that may be managed differently from heart conditions without a genetic cause

Medications
How genes may influence how your body processes certain medications*

Other Health Conditions
Inherited risk for other conditions

Hereditary Cancer Panel

For patients with a personal or family history of cancer, we also offer a hereditary cancer test that is billed to your insurance through our testing partner, Sema4.

* Do not change or stop taking any medicine based on a genetic test report without consulting your physician.
Genetic Testing

How it Works

Complete the Genetic and Wellness Assessment (GWA) Online
You will be asked to complete the GWA via NorthShoreConnect prior to your annual physical. It will ask about your personal and family history of certain medical conditions. Based on your answers, you will receive information related to your inherited risk for developing certain genetic conditions. If you decide to proceed with testing, you will need to complete a consent form.

Order Placed Through Your Healthcare Provider
If you indicate that you would like your healthcare provider to place orders for recommended genetic testing, he or she will do so at your upcoming visit.

Complete a Blood Draw
Once your physician has placed the order for genetic testing, you must visit any NorthShore lab or NorthShore Immediate Care Center for a blood test. Visit northshore.org/labs or northshore.org/immediatecare to find a location near you.

Receive Your Results
Results are typically available 4 weeks after your blood draw. You will receive an email from NorthShoreConnect when your results are available along with instructions on how to access them via NorthShoreConnect.

Create a Care Plan with Your Physician
Based on your results, your physician will help you build a personalized screening plan based on clinical guidelines and recommendations.

Privacy and Confidentiality
NorthShore takes your privacy seriously and complies with all HIPAA requirements regarding protected health information (PHI). Only information needed to complete the test will be shared with NorthShore’s testing partner, Sema4. No other data will be shared without your consent.

You also have rights granted to you under the federal law called GINA, the Genomic Information Nondiscrimination Act, which protects you from many forms of discrimination, including health insurance and employment. For more information about GINA, visit northshore.org/apc.

Sign up for NorthShoreConnect
NorthShoreConnect is our easy-to-use and secure online portal that puts healthcare access right at your fingertips 24/7 via your computer or mobile device. NorthShoreConnect enables you to:
• Review NorthShore test results
• Schedule NorthShore appointments
• Communicate with your care team
• Pay NorthShore medical bills

To set up a NorthShoreConnect account, go to northshoreconnect.org.
Click on “Sign Up Now” and complete the online form.
If you have any questions or need more information, please call your physician’s office or the NorthShoreConnect support line at (847) 425-3900.

NorthShore University HealthSystem