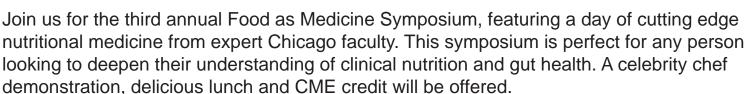
The Department of Family
Medicine at NorthShore University
HealthSystem presents the
3rd annual Food as
Medicine Symposium:

## Food, Gut Health and the Microbiome

**Date:** Sunday, May 20, 2018 8:30 a.m. - 2:00 p.m.







Addressing the Fatty Liver Disease Epidemic - Will the Solution Come from Farms or Pharma? Speaker: Michael Charlton, MD

The Gut Microbiome - How Does it Affect our Health?

Speaker: Geeta Maker-Clark, MD, Symposium Chair

**The Mind Gut Connection** Speaker: Ashley Rolnick, Ph.D

Mindfulness and Mindful Eating for Everyday Living

Speaker: Sonia Oyola, MD

**Plant Based Lunch and Fermented Food Demo** 

Chef: Justin Behlke

**Prebiotics, Probiotics and Antibiotics as Treatments for Gastrointestinal Conditions** 

Speaker: Eli Ehrenpreis, MD

Ketogenic, Intermittent Fasting, When to Use Them?

Speaker: Leslie Mendoza Temple, MD



Advanced registration is required.

There is no on-site registration and you must register by **May 17**. Registration fee is not refundable on cancellations made less than 24 hours prior to the event.

To Register:

Visit northshore.org/foodsymposium

## **Accreditation**

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. Please contact Elton Guillen at eguillen@northshore.org or 847-570-4290 with any questions.

