Nourishing the Body and Spirit: Food, Hormones and Health

Symposium Speakers

Geeta Maker-Clark, MD, ABOIM  
Symposium Chair  
Director of Integrative Nutrition and Advocacy, NorthShore University HealthSystem  
Clinical Assistant Professor and Coordinator of Integrative Medical Education, Co-Director of Culinary Medicine, University of Chicago Pritzker School of Medicine

Nadia Khambati, RDN, LDN, CLE*  
Lead Nutritionist, Integrative Medicine Program, NorthShore University HealthSystem  
*Certified Lifestyle Educator

Marla Barkoff, MD  
Founder/Endocrinologist, Integrative Endocrinology, LLC, Chicago Illinois

David Kiefer, MD  
Clinical Assistant Professor in the Department of Family Medicine and Community Health, University of Wisconsin–Madison

Neal Barnard, MD  
Adjunct Professor of Medicine, George Washington University School of Medicine & Health Sciences in Washington, D.C., President of the Physicians Committee for Responsible Medicine

Terry Mason, MD  
Chief Operating Officer, Cook County Department of Public Health

Susan Buchanan, MD, MPH  
Director, Great Lakes Center for Children’s Environmental Health at the University of Illinois at Chicago, Family Medicine and Occupational and Environmental Medicine

Anupy Singla  
Chef, cookbook author, Co-Founder, Indian as Apple Pie

Allison Crawford, MD  
Internal Medicine, Assistant Professor of Medicine at University of Chicago Medicine, chef and graduate of the Natural Gourmet Institute for Health and Culinary Arts, New York City

Leslie Mendoza Temple, MD, ABOIM  
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David Victorson, PhD  
Licensed Clinical Psychologist, Associate Professor of Medical Social Sciences at Northwestern University Feinberg School of Medicine, Founder and Executive Director of True North Treks