Crisis Resource Guide

Grief and Counseling Local/Regional

Family Assistance Center -Highland Park High School, 433 Vine Ave. A center to provide support services and crisis assistance to those who were directly impacted at the parade. Wednesdays: Noon - 9 pm Thursdays & Fridays: 9 - 9 pm https://www.fbi.gov/contact-us/field-offices/chicago/ news/press-releases/family-assistance-center-forvictims-of-highland-park-shooting

Willow House 847-236-9300 https://willowhouse.org/

JCFS 855-275-5237 www.jcfs.org

Family Service of Lake County 847-432-4981 famservice.org

The Josselyn Center 847-441-5600 www.josselyn.org

North Suburban OMNI Youth 847-353-1500

Evanston Health & Human Services 847-448-4311

211 Lake County https://211lakecounty.org/

Community Action Together for Childrens Health -Local Trauma Therapists catchiscommunity.org

Places of Worship

Immaculate Conception Parish 847-433-0130

Holy Cross Catholic Church 847-945-0430

St. James Catholic Church 847-433-1494

Beth El (Synagogue) 847-432-8900

North Suburban Chabad (Synagogue) 847-266-0770

Christ Church 847-234-1001

Grace Family Church 312-934-4040

Islamic Cultural Center 847-272-0319

Hanuman Mandir (Hindu Temple) 847-832-4444

Swami Narayan Temple (Hindu Temple) 847-808-9980

Financial Assistance for Funeral and Counseling

Illinois Attorney General, Crime Vicitims Services Christelle Perez christelle.perez@ilag.gov 312-771-4307

Food

Moraine Township 847-432-3240 https://www.morainetownship.org/

Solve Hunger Today https://solvehungertoday.org/get-help/where-to-get-food/



National Resources and Links to Support Trauma and Grief

American Red Cross redcross.org

Center for Disease Control and Prevention

https://emergency.cdc.gov/coping/selfcare.asp

NAMI Helpline 800-950-6264

National Suicide Prevention Lifeline 800-273-8255

National Child Traumatic Stress Network

Mass Violence Resources | The National Child Traumatic Stress Network (nctsn.org)

After a Crisis Helping Young

https://www.nctsn.org/resources/after-crisis-helpingyoung-children-heal

Age Related Reactions to a Traumatic Event

https://www.nctsn.org/resources/age-relatedreactions-traumatic-event

Childhood Traumatic Grief Information For Mental Health Providers

https://www.nctsn.org/resources/childhood-traumaticgrief-information-for-mental-health-providers

Childhood Traumatic Grief Youth

Information Sheet https://www.nctsn.org/resources/childhood-traumatic-

grief-youth-information-sheet

Coping After Mass Violence

https://www.nctsn.org/resources/coping-after-mass-violence

Creating Effective Child And Family Focused Disaster Behavioral Health Messages On Social Media

https://www.nctsn.org/resources/creating-effectivechild-and-family-focused-disaster-behavioral-healthmessages-on-social-media

For Teens Coping After Mass Violence

https://www.nctsn.org/resources/for-teens-copingafter-mass-violence

Guiding Adults Talking Children About Death And Attending Services

https://www.nctsn.org/resources/guiding-adultstalking-children-about-death-and-attending-services

Kids Cope

https://www.nctsn.org/resources/help-kids-cope

Helping School Age Children Traumatic Grief Tips Caregivers

https://www.nctsn.org/resources/helping-school-agechildren-traumatic-grief-tips-caregivers

Helping Teens Traumatic Grief Tips

Caregivers https://www.nctsn.org/resources/helping-teenstraumatic-grief-tips-caregivers

Helping Young Children Traumatic Grief Tips Caregivers

https://www.nctsn.org/resources/helping-youngchildren-traumatic-grief-tips-caregivers

Helping Youth After Community Trauma Tips Educators

https://www.nctsn.org/resources/helping-youth-aftercommunity-trauma-tips-educators

Prn To Promote Wellbeing As Needed To Care For Your Wellness

https://www.nctsn.org/resources/prn-to-promotewellbeing-as-needed-to-care-for-your-wellness

Talking Children About Shooting

https://www.nctsn.org/resources/talking-childrenabout-shooting

