

Come Join Us

DVT & PE Support Group

Hosted by Joseph A. Caprini, MD
and Alfonso Tafur, MD

The Group offers a supportive environment in which patients can:

- Discuss medical treatment
- Consider possible implications of their illness
- Share common concerns and experiences

Benefits of the DVT & PE Support Group

- Allow patients to share their experiences
- Help one another cope with the challenges they face
- Increase knowledge, confidence and gain support
- Learn up-to-date and accurate information

To sign up and receive an invitation to our Support Group meeting, please contact or email:

Nancy Lala (224) 251-4934

nlala@northshore.org

Family members and friends are invited to attend.

“My DVT/PE Support Group has helped me learn about the disease and that others have the same problems. I feel better knowing there is help and support close by.”

 **NorthShore**
University HealthSystem

Cardiovascular Institute



About Our Meetings

- We have an established Deep Venous Thrombosis (**DVT**) and Pulmonary Embolism (**PE**) Support Group here at NorthShore University HealthSystem, **led by Drs. Joseph Caprini and Alfonso Tafur**. The purpose of this group is to provide a public forum where patients may **interact and share their experiences regarding their blood clotting condition**.
- Patient discussions based on their experiences **with anticoagulation, stockings, physical problems or changes in lifestyle as a result of their disease** will be the main focus of these meetings. Lingering physical discomfort, anxiety, and uncertainty about the future are commonly seen in patients who survive thrombotic problems.
- Long-term complications of the disease include **leg swelling** and **recurrent thrombosis**, and patients often appreciate sharing these experiences and learning different ways to manage.
- Pharmacists from the **Anticoagulation Clinic** and **stocking fitters** are at the meeting to address concerns and answer questions. Each meeting features a guest speaker, usually a physician, on current **“Hot”** topics.