

# Pumpkin Pie Chia Pudding

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Serves 2

## INGREDIENTS

- 1 c. Almond Breeze vanilla almond milk
- ¼ c. canned pumpkin (or fresh pureed)
- 2 T. chia seeds
- ½ t. pumpkin pie spice  
(or DIY = 4 teaspoons ground cinnamon,  
2 t. ground ginger, 1 t. ground cloves,  
½ t. ground nutmeg)

## DIRECTIONS

Mix all ingredients together in a glass or bowl until chia seeds are fully submerged/dispersed in liquid.

Let chill in the fridge for a few hours, until mixture has gelled into a pudding consistency.



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for complete recipe details  
visit [northshore.org/celebrate](https://www.northshore.org/celebrate)