

Good nutrition is an essential part of your health.

During treatment for cancer, it is even more important to eat a balanced diet and maintain your fluid intake. The Kellogg Cancer Center offers Medical Nutrition Therapy tailored specifically to help with possible side effects of cancer and treatment. Our nutritionists are Registered Dietitians as well as advanced practice Oncology Specialists specializing in the prevention, treatment and survivorship of cancer.

Medical Nutrition Therapy will help you:

- Manage symptoms such as nausea, taste changes and bowel changes
- Prevent or correct nutritional deficiencies
- Improve your ability to tolerate treatment
- Help achieve and maintain a healthy weight
- Manage food/herb and medications interactions

In addition, our oncology nutritionists are available for consultation after your treatment to assist you in attaining a healthy nutrition lifestyle and preventing cancer recurrence.

If you have questions or would like to schedule a consultation, please call the nutritionist at the location where you receive treatment.

Kellogg Location	Nutrition Phone Number
Evanston Hospital	(847) 570-4089
Glenbrook Hospital	(847) 503-1193
Highland Park Hospital	(847) 480-3867