

One of the advantages you have as a patient of NorthShore is that your physicians and you—if you are an appropriate candidate—may have access to a variety of groundbreaking clinical trials.

NorthShore has long been committed to research, spearheading and participating in clinical trials that allow many of our patients to participate in studies with the latest medications, procedures or therapies.

Since 1983, NorthShore has been a key participant in clinical research. We have continued to serve as a focal point of the National Institutes of Health's National Cancer Institute (NCI)-sponsored research that bridges the disciplines of medical oncology, surgery, gynecologic oncology and symptom management. We continue to benefit from the participation of outstanding leaders in each of these disciplines who remain active in research.

Our involvement with the NCI, in conjunction with academic research institutions and our close relationships with multiple pharmaceutical industry leaders, provides our patients with access to more than 70 actively accruing research trials for 11 different disease sites. We have a dedicated staff of research nurses, each specializing in individual disease sites. As such, our patients benefit from each research staff member's in-depth knowledge of their specific disease. This means that the multidisciplinary team that designs your customized care plan can draw upon the research teams' specialized expertise about new therapies that may help you. For those with advanced cancers, the treatments and prevention therapies offered through clinical trials may provide a ray of hope when no other treatment options exist.

NorthShore's Kellogg Cancer Center is uniquely qualified to bring both national cooperative group cancer treatment and studies to our community. We are truly committed to pioneering and promoting groundbreaking discoveries and speeding their translation from the laboratory to the bedside. The clinical trials program at Kellogg is fundamental to keeping NorthShore on the forefront of medical advancement. We truly believe that research will lead to a cure.

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Four different types of clinical trials may be offered at NorthShore's Kellogg Cancer Center:

**Prevention Trials:** Much of the promise for cancer prevention comes from observational studies conducted on large groups of people that show links between lifestyle factors or environmental exposures and specific cancer. Our prevention trials are designed to evaluate the effectiveness of ways to reduce the risk of cancer. These studies can involve medications, vitamins or other supplements.

**Screening and Early Detection Trials:** Family history may identify people with an increased risk of cancer or may serve as the first step in the identification of an inherited cancer predisposition that could cause a high lifetime risk of cancer. Our screening and early detection trials are designed to test new ways or find cancer in people before they have any cancer symptoms. These trials are generally conducted with people who are at greater risk of getting cancer because of their genetic make-up.

**Treatment Trials:** Treatment trials are conducted with people who have already been diagnosed with cancer. Our treatment trials are designed to compare a new treatment with a standard treatment—the best treatment currently known for a cancer—based on the results of past research. In treatment trials, patients will receive (at the minimum) a standard treatment that is widely used and best known for patients who have that particular cancer. There are three types of treatment trials:

**Phase I trials**—Researchers test an experimental drug or treatment in a small group of people for the first time to evaluate its safety, determine a safe dose range and identify side effects.

**Phase II trials**—An experimental drug or treatment is given to a larger group of people to see if it is effective and to further evaluate safety and determine side effects.

**Phase III trials**—The experimental drug or treatment is given to large groups of people to confirm effectiveness, monitor side effects, compare it to commonly used treatments, and collect information that will allow the experimental drug or treatment to be used safely.

**Cancer Control Trials:** Cancer control trials, or supportive care trials, explore ways to improve the comfort and quality of life cancer patients and cancer survivors. Our cancer control trials study drugs to help reduce side effects of chemotherapy and other primary treatments. They also study beneficial effects of nutrition, group therapy or other alternative approaches.

**For more information and a complete listing of our available clinical trials, please visit [northshore.org/kellogg-cancer-center/clinical-trials](http://northshore.org/kellogg-cancer-center/clinical-trials)**

## Kellogg Cancer Center Locations

### **Evanston Hospital**

2650 Ridge Avenue  
Evanston, Illinois 60201  
(847) 570-2112

### **Glenbrook Hospital**

2100 Pfingsten Road  
Glenview, Illinois 60026  
(847) 657-5826

### **Highland Park Hospital**

777 Park Avenue West  
Highland Park, Illinois 60035  
(847) 480-3800

## Our Commitment to Excellence

NorthShore University HealthSystem is committed to excellence—bringing together the finest physicians and healthcare professionals and the latest technology to provide the very best quality, compassionate care to the patients and families we are privileged to serve.



Evanston Hospital | Glenbrook Hospital | Highland Park Hospital | Skokie Hospital | Swedish Hospital | Northwest Community Hospital

[northshore.org](http://northshore.org)