

Tobacco Cessation Program

Tobacco use is the leading preventable cause of premature death in the United States, causing an estimated 480,000 deaths each year. Tobacco use is most obviously linked to lung cancer but additionally is known to contribute significantly to the risk for many other cancers, including head and neck, pancreatic, bladder, kidney, stomach and uterine.

While there is significant evidence that continued tobacco use after the diagnosis of cancer decreases the patient's chances of survival, reduces treatment efficacy, and increases treatment toxicity and the risk for recurrence, many cancer patients continue to smoke after diagnosis.

At Kellogg Cancer Center, our diverse team of experts are certified as tobacco treatment specialists. Clinical practice guidelines for treating tobacco use and dependence recommend using the time of cancer diagnosis as a “teachable moment” for tobacco cessation. The combination of support from a trained professional and the use of tobacco cessation medications increases the chances of quitting successfully.

The Tobacco Cessation Program is supporting the mission of the Kellogg Cancer Center to provide the highest level of care possible while supporting continued research and prevention efforts. For more information regarding the Tobacco Cessation Program, contact the Department of Thoracic Surgery at (847) 570-2868.