

IMERMAN ANGELS

Our May Resource Guide is generously supported by Rain Therapeutics.

Imerman Angels Updates

Imerman Angels Brunch Run 5K & Walk – June 18th



Interested in volunteering on event day? [Sign Up](#)

Run With The Angels At The Chicago Or Berlin Marathon

IMERMAN  ANGELS

BMW
BERLIN
MARATHON

September 25th

 BANK OF AMERICA
Chicago
Marathon.

October 9th



IMERMAN  ANGELS

COMMUNITY EVENT SERIES

Virtual Edition

Living with the Unknowns of Survivorship

June 1st • 7:00pm CT

Presented with:



Zen
Caregiving
Project

Join us as we explore the emotions that survivorship can bring, and practical, mindfulness-based approaches to manage transitions and living with the unknown.

[REGISTER](#)

Generously supported by:

Walgreens



RESOURCES



ARTICLES & VIDEOS

- [All of Us Research Program](#)
- [Become More Tech-Savvy Researching Cancer](#)
- [Breast Cancer Advocacy for Women of Color](#)
- [Strategies to Simplify Caregiving](#)
- [Hello Jasper: A Smart Planner for Cancer Care](#)
- [COVID-19 Resources for People With Cancer](#)
- [GBM Clinical Trials](#)
- [LearnLookLocate: Resources for Breast Cancer](#)
- [Join a CISCRP Review Panel](#)
- [Lobular Breast Cancer Clinical Trials](#)
- [Nurse Navigator helps find clinical trials](#)
- [Downloadable Cancer & Your Finances booklet](#)
- [What is Cancer-Related Neuropathy?](#)
- [Key to Detecting Ovarian Cancer Early](#)
- [Inherited Retinal Disease Podcast](#)
- [Doctor Patient Podcast](#)
- [B Heppy Podcast](#)



NETWORKING GROUPS

- [Metastatic Breast Cancer Networking \(V\)](#)
- [Breast Cancer Networking Group \(V\)](#)
- [Caregivers Networking Group \(V\)](#)
- [Colorectal Cancers Group \(V\)](#)
- [Gynecological Cancer Networking Group \(V\)](#)
- [Lung Cancer Networking Group \(V\)](#)
- [Men's Discussion Group \(V\)](#)
- [Bereavement Group \(V\)](#)
- [Blood Cancer Networking Group \(V\)](#)
- [More Networking Groups from Wellness House](#)
- [Support Group for Adults Battling Sarcomas \(V\)](#)
- [Support Group for Sarcoma Caregivers \(V\)](#)
- [LGBTQIA+ Support Group \(V\)](#)
- [American Indian Cancer Foundation Cancer Support Circle \(V\)](#)
- [ANCAN Virtual Support Groups \(V\)](#)

(V)= virtual (IP)= in-person



ADOLESCENT & YOUNG ADULT RESOURCES

- [Monthly Virtual Young Adult Game Night](#)
- [The Bridge Teen Center Virtual Activities for Teens](#)
- [Elephants And Tea Virtual Happy Hour for AYAs](#)
- [Stupid Cancer AYA Digital Meet Ups](#)
- [Young and A Survivor \(YAAS!\)](#)
- [Fertility Preservation Financial Assistance](#)
- [Young Adult Breast Cancer Networking Group](#)
- [Young Adult Caregiver Support Group](#)
- [Ulman Foundation Resources for Young Adults](#)
- [May Event - AYA Mind, Body & Soul Series](#)
- [May 26 - Perkatory - Letters to My Younger Self](#)



CHILDREN'S RESOURCES

- [What is Cancer? Explanation for Kids](#)
- [Websites for Kids with Cancer](#)
- [Activities for Kids with Cancer](#)
- (Jun/Aug) - [Camp Kesem Free Camp for Kids](#)
- [Free Online Classes for Kids](#)
- [Grief Resources for Families](#)
- [Customizable Family Coloring Book](#)

PARTNER EVENTS

MAY

- [May 20 - Lung Cancer Surgical Intervention Options](#)
- [May 21 - CURE Educated Patient Cancer Summit](#)
- [May 21 - Triage Cancer Conferences](#)
- [May 21 - Cancer & Legal Issues](#)
- [May 23 - Fertility Preservation + Social Support for Young Adults with Blood Cancer](#)
- [May 24 - A BRCA Family Affair: The Emotional Realities of a Lifelong Journey](#)
- [May 31 - LGBTQ Rights During Cancer](#)
- [May Event - AYA Mind, Body & Soul Series](#)
- [May Event - Cancer Transitions Workshop](#)
- [May Event - Hereditary Cancer Storytelling Workshop](#)

JUNE

- [June 7-9 - Family Bereavement Camp](#)
- [June 7 - Addressing Medical Concerns Around Cancer and Bone Health](#)
- [June 9 - 2022 Driving for a Cure](#)
- [June 11 - Metastatic Breast Cancer Summit](#)
- [June 14 - Being a Previvor Discussion](#)
- [June 18 - Skin Cancer Summit](#)

MONTHLY EVENTS

- [Ovarian Stage 3C/4 Support: Emily Lambert](#)
- [Virtual Lung Cancer Living Room](#)
- [Gilda's Virtual Program List for All](#)
- [Free Webinars on Practical and Legal Cancer Survivorship](#)
- [Sistas of Hope - African American Cancer Survivors](#)
- [Wellness House Ongoing Programs](#)
- [Elephant and Tea AYA Ongoing Programs](#)
- [A Podcast for All from Epic Experience](#)
- [Weekly Meditation for Caregivers](#)

FUTURE EVENTS

- [Jun/Aug - Camp Kesem Free Camp for Kids](#)
- [AWARE for All clinical trials events](#)
- [July 21 - Sarcoma Researcher Update Night](#)
- [Sept 17 - Team Maggie Live or Virtual 5K/10K](#)
- [Oct 16 - LLS Light the Night](#)

PROGRAMS FOR SPANISH SPEAKERS

**Wellness
House** for LIVING
with CANCER



AVANCES EN LOS TRATAMIENTOS QUIRÚRGICOS Y LA NUTRICIÓN

SÁBADO, 21 DE MAYO 9:30 – 11:45 A.M. (CT)

Imerman Angels se complace en compartir este evento informativo ofrecido por nuestro socio, Wellness House y ALAS-Wings El Cáncer de Seno. Dr. Rosalinda Alvarado de Rush University Medical Center y Madeline Butler-Sanchez, Dietista oncológica bilingüe de Wellness House presentará avances en el tratamiento del cáncer del Seno y como tener una buena nutrición durante y después del cáncer. Este evento se ofrecerá en línea en Zoom y requiere registro.

Llame a Blanca Diaz-Martinez de Wellness House con preguntas o para registrarse: 630.560.0336 O envíe un correo a bdiazmartinez@wellnesshouse.org.

GRUPO DE MOVIMIENTO
LOS JUEVES, 6:00-7:00PM (CT)

[**EXPLORE**](#)

TAQUITOS DE CAMOTE
21 DE JUNIO, 7:00-8:00PM (CT)

[**EXPLORE**](#)

**CLASE DE ARTE SE TÉCNICAS
MEZCLADAS: ÁRBOL GENEALÓGICO**

14 DE JUNIO, 6:30-7:30PM (CT)

[**EXPLORE**](#)



MANAGING LONG-TERM SIDE EFFECTS

MANAGING CHEMOTHERAPY SIDE EFFECTS

PERIPHERAL NEUROPATHY

WHAT IS CARDIOTOXICITY?

LOVE YOUR LYMPHATIC SYSTEM

INTRODUCTION TO MEDICAL CANNABIS

PHYSICAL ACTIVITY & THE
EFFECTS OF CHEMOBRAIN



LYMPHEDEMA FOCUSED MOVEMENT

PROUD PARTNERSHIPS



The Melanoma Research Foundation (MRF) is the largest independent organization devoted to melanoma. Committed to the support of medical research to develop effective treatments and eventually a cure for melanoma, the MRF also educates patients and physicians about the prevention, diagnosis and treatment of melanoma.

May is Melanoma Awareness Month.

The Melanoma Research Foundation invites you to celebrate, honor and raise awareness to support melanoma patients and their families. You can help make an impact this May!

[Learn More](#)

UPCOMING EVENTS

Miles For Melanoma

May 21, 2022 | Boston

This annual 5K will bring together local melanoma patients, survivors, care partners, supporters and healthcare heroes to fundraise and help continue the fight against melanoma.

The MRF 2022 Galas

September 15, 2022 | Denver

October 20, 2022 | New York City

The MRF hosts galas in cities across the US aimed at strengthening the community and providing critical funding to help end melanoma.

Paid Research Opportunities



Rare Patient Voice is seeking patients (age 16+) and caregivers of any illness or condition to share their opinions and experiences with researchers.

Participants receive \$100 per hour for research studies.

[Sign Up](#)

C A N C E R T Y P E

Brain Cancer

Colon Cancer

Gynecological Cancer

Head & Neck Caregiver

Leukemia (AML)

LGBTQIA+

Li-Fraumeni
Syndrome

Liver Cancer

Lung Cancer

Lymphoma

Lynch Syndrome

Male Breast Cancer

Metastatic Breast
Cancer

MPN

Myeloma

Ocular Melanoma

Pancreatic Cancer

Prostate Cancer

Sarcoma
Bereavement

Stomach Cancer

Thyroid Cancer

45 & Under Breast
Cancer



"The best information I received from my Mentor Angel was that I am not alone. There are so many people out there that are suffering and looking to turn to someone for help. This program has helped me realize that no matter how difficult of a day I may be having, I always have my Mentor Angel to turn to."

-April Support Seeker turned Mentor Angel

DON'T SEE YOUR SPECIFIC CANCER TYPE?
STAY TUNED FOR THE NEXT VOLUME FOR MORE!

The Importance Of Next Generation Sequencing (NGS) And What Is A Basket Study?

Next Generation Sequencing, commonly referred to as NGS, or genomic profiling, is increasingly becoming an important part of cancer diagnosis and care. Your tumor tissue DNA is tested for hundreds of genes and mutations related to cancer growth. By understanding the exact genetic makeup of your individual cancer, your care team can better understand treatment options, including but not limited to clinical trials, and even better understand your own individual prognosis.

Some hospitals/organizations run their own tests, and other companies include Caris, Tempus, Foundation Medicine and more. Of course, your care team is the best place to start but each testing company has information for patients, how to access the tests and analyze the results.

Closely related to the results of Next Generation Sequencing, is the concept of a Basket Study. The FDA defined a basket study in 2019, "A Basket Trial involves a single investigational drug or drug combination that is studied across multiple cancer populations defined by disease stage, histology, number of prior therapies, genetic or other biomarkers, or demographic characteristics. It is usually designed as a single-arm, activity-estimating trial with overall response rate as the primary endpoint."

One example of a basket study, based on a genetic marker, is the MANTRA-2 study. This study is designed to evaluate the safety and efficacy of milademetan in patients with advanced or metastatic solid tumors refractory or intolerant to standard-of-care therapy that exhibit wild-type (WT) TP53 and MDM2 copy number (CN) ≥ 12 using prespecified biomarker criteria. Now, patients with this amplification, which is approximately 1% of all cancer patients, could have another treatment option.

In summary, **your care team is the best place to start this important discussion.** The better you and your team understand your unique cancer, they can create an individualized, personalized, care plan. Imerman Angels can help, too! We can find Mentor Angels with experience with your genetic markers and clinical trials.

CONTACT US

Call (877) 274-5529
Monday to Friday, 9am to 5 pm CT

Leave a message and a Specialist will return your call within two business days.

www.imermanangels.org

WE WANT TO HEAR FROM YOU

You are the heart of our organization, our reason why and the light for another person's journey. We would love to hear from you about your story and the impact of Imerman Angels. By sharing your experience, you can make a difference and inspire someone during their cancer journey.