

IMERMAN ANGELS

Your One-on-One Cancer Support Community



August Is Heating Up

This is our 20th edition of our resource newsletter! We have collected important dates and links for ongoing support. There is information about a variety of cancer types, along with fun events that focus on self-care.

Upcoming Dates:

August

- Appendix Cancer Awareness Month
- National Immunization Awareness Month
- World Cancer Support Month

September

- Blood Cancer Awareness Month
- Childhood Cancer Awareness Month
- Gynecologic Cancer Awareness Month
- National Ovarian Cancer Awareness Month

CONTACT US

Call (877) 274-5529

Monday to Friday, 9am to 5 pm CT

Leave a message and a specialist will return your call within two business days.

Visit

<https://www.imermanangels.org>

IMERMAN ANGELS

A Discussion On Grief And Loss

Monday, August 30 @ 7:00pm CT

abbvie

Proudly Supported By:

Walgreens

Please join the Imerman Angels' community as we mark National Grief Awareness Day. Gather with others in the cancer community to discuss navigating the world of cancer, grief and loss. The conversation will be facilitated by Roy Remer, Executive Director of San Francisco's Zen Caregiving Project and allow for questions, deeper exploration and resources to help each participant on their own journey. This event is FREE.

The Brunch Experience

The Imerman Angels Brunch Experience is just two days away and registration is still open through the event. We'd love to have as many Mentors and Mentees join us for this virtual gathering. Let's all come together to support Imerman Angels during World Cancer Support Month.

This Saturday (or whatever day you choose), you can walk, run, and/or host a brunch or any gathering with friends and family and raise critical funds to help cancer fighters, survivors, previvors and caregivers. 100% of all registrations and donations received from this event go directly to powering our mission. To learn more about supporting this event, to register or to join a team, please click [here](#).



RESOURCES



ARTICLES & WEBINARS

- [All of Us Research Program](#)
- [Will I Need Another COVID Vaccine?](#)
- [COVID Vaccine and Cancer](#)
- [Cancer Staging: What Does it Mean?](#)
- [CURE Magazine: Important Highlights](#)
- [Become More Tech-Savvy Researching Cancer](#)
- [Spanish-Language Resources](#)
- [Patient Power: Breast Cancer News](#)
- [Breast Cancer Advocacy for Women of Color](#)
- [Financial Assistance for Breast Cancer](#)
- [Lung Cancer Non-Small Cell: Additional Resources](#)
- [Prostate Cancer: Navigating Relationships](#)
- [Virtual National Blood Cancer Conference](#)
- [Blood Cancer Patient Financial Assistance](#)
- [MMRF Session on Myeloma Precursor Conditions](#)
- [HPV Vaccine Updates](#)
- [Ovarian Stage 3C/4 Support: Emily Lambert](#)
- [Ovarian Cancer National Conference](#)
- [Advice for Patients with Difficulty Eating](#)
- [Talking About Sexuality in the Clinic](#)
- [Virtual Head and Neck Cancer Survivorship Symposium](#)
- [Virtual Lung Cancer Living Room](#)
- [Epic Experience: "How to Cancer" Series](#)
- [Strategies to Simplify Caregiving](#)
- [Gilda's Virtual Program List for All](#)
- [The Promise of Immunology](#)
- [Free Webinars on practical and legal cancer survivorship](#)



CHILDREN RESOURCES

- [What is Cancer? Explanation for Kids](#)
- [Websites for Kids with Cancer](#)
- [Activity book for children and families facing cancer](#)
- [Activities for Kids with Cancer](#)
- [Camp Kesem Free Camp for Kids](#)
- [Free Online Classes for Kids](#)



ADOLESCENT & YOUNG ADULT RESOURCES

- [Financial Assistance for Patients with Mantle Cell Lymphoma \(MCL\)](#)
- [Monthly Virtual Young Adult Game Night](#)
- [The Bridge Teen Center Virtual Activities for Teens](#)
- [Virtual Happy Hour for AYAs](#)
- [Stupid Cancer AYA Digital Meet Ups](#)
- [Young and A Survivor \(YAAS!\)](#)
- [Motivational Spotify Playlist](#)
- [Fertility Preservation Financial Assistance](#)

[Click here](#) to stay connected by signing up for our Newsletter!



SELF CARE

DIET AND PHYSICAL ACTIVITY: WHAT'S THE CANCER CONNECTION?

Article by the American
Cancer Society

[Learn more](#)

MYELOMA CONNECTIONS: DINNER WITH THE DOCS

Hosted by Patient Power on
Friday, August 27 at 6pm
CDT. Registration is FREE!

[Register](#)

A DISCUSSION ON GRIEF AND LOSS

Presented by Imerman Angels
and sponsored by Walgreens
and Abbvie. Tuesday, August
30th 7pm.

[Register](#)

CANCER TYPE

DIVE INTO RESOURCES DIRECTED TO YOUR NEEDS

[Ocular Melanoma](#)

[Stomach](#)

[Liver](#)

[MPN](#)

[Brain](#)

[Metastatic Breast](#)

[Myeloma](#)

[Lung](#)

[Head & Neck Caregiver](#)

[Lynch Syndrome](#)

[Brain Tumors](#)

[Sarcoma](#)

[Leukemia \(AML\)](#)

[Li-Fraumeni Syndrome](#)

[Prostate](#)

[Pancreatic](#)

[Breast](#)

[Thyroid](#)

[Ovarian](#)

[Colon](#)

[Lymphoma](#)

[Male Breast Cancer](#)

[LGBTQ+ Various Cancer Types](#)

[Endometriosis](#)

DON'T SEE YOUR SPECIFIC CANCER TYPE?
STAY TUNED FOR THE NEXT VOLUME FOR MORE!

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Mission Moment



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ANGELS

“

I've been a volunteer for Imerman Angels for several years now and recently I was matched to my mentee. I love being able to offer support to someone who is in an unfamiliar place in their lives, share our experience with one another, and build a friendship. Everyone need someone who has walked in their shoes, to help them through hard and troubled times."

**Christine,
Mentor Angel**



*Shine your light.
Share your journey.*

*When you are courageous, you
create a spark that ignites and
inspires others to be brave!*

- ANONYMOUS

share your story

WE WANT TO HEAR FROM YOU

You are the heart of our organization, our reason why, and the light for another person's journey. We would love to hear from you about your story and the impact of Imerman Angels. By sharing your experience, you can make a difference and inspire someone during their cancer journey.



MENTOR ANGELS



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