

Ostomy Educational Theatre Videos

Topics include explanations of the different types of ostomy surgeries, along with discussions of important lifestyle issues, including diet, recreational activities, personal relationships, traveling and more.

SECURE START SERVICES

Join Hollister Secure Start Services Today! Enroll now to gain access to free personalized support, product information, and educational resources that will help you live the life you want to live. Enrolling is easy and at no cost to you!



Secure Start services, Enroll on the Go

Use your smart phone camera to access these great ostomy care resources. Hold your device so the code appears in the viewfinder in the camera app, and when prompted tap the notification to open the link.



LIVING WITH YOUR OSTOMY



Living with an Ostomy
(6 min)



The Hollister Experience: How We Can Help
(4 min)



How to Measure Your Stoma
(4 min)



About Your Colostomy
(2 min)



About Your Ileostomy
(2 min)



About Your Urostomy
(2 min)

LIVING WITH A STOMA: THE PATIENT PERSPECTIVE



Life Before Stoma Surgery
(3 min)



Concerns Before the Operation
(5 min)



Getting Back to Normal
(4 min)



Sports and Fitness
(3 min)



What Can I Eat?
(4 min)



What Can I Wear?
(4 min)



Can I Still Travel?
(5 min)



Can I Go Back to Work?
(5 min)



Love and Sex
(3 min)



Attitude
(6 min)



Effects on Daily Life
(3 min)



New Freedom
(5 min)

Ostomy Educational Theatre Videos

USING POUCHING SYSTEMS



**How to Apply
a One-Piece
Drainable Pouch**
(6 min)



**How to Apply
a One-Piece
Urostomy Pouch**
(5 min)



**How to Apply
a Two-Piece
Drainable Pouch**
(7 min)



**How to Apply a
Two-Piece Urostomy
Pouch**
(6 min)



**How to Apply a
Two-Piece Drainable
Pouch with FormaFlex**
(5 min)



**How to Apply a
Two-Piece Urostomy
Pouch with FormaFlex**
(5 min)



**How to Empty a
Urostomy Pouch**
(3 min)



**How to Empty a
Drainable Pouch**
(3 min)

USING OSTOMY ACCESSORIES



**How to Use Adapt
Barrier Rings**
(2 min)



**How to Use Adapt
Convex Barrier Rings**
(3 min)



**How to Use Adapt
Lubricating Deodorant**
(2 min)



**How to Use
Adapt Paste**
(2 min)



**How to Use Adapt
Stoma Powder**
(1 min)



**How to Use Adapt
Ostomy Belts**
(2 min)

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Ostomy Care
Healthy skin. Positive outcomes.