

# Ostomy Product + Lifestyle Education Library

## SECURE START SERVICES



Secure Start services, Enroll on the Go



*Use your smart phone camera to access these great ostomy care resources. Hold your device so the code appears in the viewfinder in the camera app, and when prompted tap the notification to open the link.*

## OSTOMY EDUCATION



A Soft Convex Skin Barrier May Improve Fit



Fistula Management



High Output Ileostomy Care Tips



Hollister Ostomy Caring for Loved One



Ileostomy Dietary Guidelines



Living with an Ostomy: Healthy Eating



Living with an Ostomy: Home and Work Life



Living with an Ostomy: Sex and Parenthood



Living with an Ostomy: Sport and Fitness



Living with an Ostomy: Travel



Medicare Reimbursement Guide Care Tips



Patient Anatomy Guide Care Tips



Peristomal Skin Care Care Tips



Routine Care of Your Ostomy Care Tips



Stoma Site Selection Care Tips



The Continuum of Convex Barrier Options



Types of Ostomies Care Tips



Understanding Colostomy



Understanding Ileostomy



Understanding Urostomy



Universal Catheter Access Port



Using Convexity Care Tips

## ACCESSORIES



Adapt Barrier Rings Care Tips



Adapt Lubricating Deodorant  
Care Tips



Adapt Medical Adhesive Spray  
Care Tips



Adapt Ostomy Belt Care Tips



Adapt Oval Convex Rings Care  
Tips



Adapt Paste Care Tips



Adapt Skin Protective Wipes  
Care Tips



Adapt Stoma Powder Care Tips

## POUCHING SYSTEMS



1pc Pouching System  
Care Tips



2pc FormaFlex Care Tips



2pc Pouching System  
Care Tips



Colostomy Irrigation Care Tips



Lock 'n Roll Microseal Closure  
Care Tips

## PEDIATRIC



Hollister Ostomy Caring  
for Child



Pouchkins 1Pc Pouching  
System Care Tips



Pouchkins 2Pc Pouching  
System Care Tips



Pouchkins Newborn Pouching  
System Care Tips



Pouchkins Premie Pouching  
System

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**Ostomy Care**  
*Healthy skin. Positive outcomes.*