Day	Time	12a	1a	2a	3a	4a	5a	6a	7a	8a	9a	10a	11a	12p	1p	2p	3p	4p	5p	6p	7p	8p	9p	10p	11p
Monday	BG																								
	Carbs																								
	H/N/A																								
	L																								
Tuesday	BG																								
	Carbs																								
	H/N/A																								
	L																								
Wednesday	BG																								
	Carbs																								
	H/N/A																								
	L																								
Thursday	BG																								
	Carbs																								
	H/N/A																								
	L																								
Friday	BG																								
	Carbs																								
	H/N/A																								
	L																								
Saturday	BG																								
	Carbs																								
	H/N/A																								
	L																								
Sunday	BG																								
	Carbs																								
	H/N/A																								
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Averages																									