

Kellogg Cancer Center Upcoming Events

Summer 2016

GET SCREENED



FREE Skin Cancer Screening

Make an appointment for a free skin cancer screening at NorthShore Highland Park Hospital. Screenings are available by appointment only, so register today.

Saturday July 9, 2016
9:00–11:30 a.m.

**Ellen Marks Ambulatory
Care Center
Highland Park
Kellogg Cancer Center
757 Park Avenue West
Suite 1810
Highland Park, IL 60035**

The free screening includes:

- a visual examination of the skin will be performed by a dermatologist
- Screening results will be given immediately along with recommended follow up if necessary

Individuals are asked to wear a bathing suit under their clothing for the examination. This screening is not appropriate for individuals previously diagnosed or currently under treatment for skin cancer.

Register at:
northshore.org/calendar
or call (847) 570-5020

GET INVOLVED

Understanding Melanoma

Learn about the latest in the prevention of melanoma from the experts at NorthShore and Mayo Clinic.

Thursday, June 23, 2016
6:00 p.m.

Chicago Botanic Garden Regenstein Center, Glencoe

northshore.org/melanoma

Head For the Cure Chicago

Benefiting NorthShore University HealthSystem

Saturday, July 23, 2016
8:00 a.m.

Diversey Harbor, Chicago
headforthecure.org/chicago

Be Part of the Cure

Benefiting NorthShore Kellogg Cancer Center

Friday, July 29, 2016
7:00 p.m.

Grainger
100 Grainger Parkway, Lake Forest
foundation.northshore.org/bpotc

Golf Fore Life

Benefiting NorthShore Kellogg Cancer Center

Friday, August 20, 2016
11:00 a.m.

Deerfield Golf Club
adpgolf4life.com/home.html



SEA Blue Chicago Prostate Cancer Walk & Run

Sunday, September 11, 2016
8:00 a.m.

Lincoln Park (LaSalle and Stockton), Chicago
SeaBlueProstateWalk.org

Understanding Colon Cancer

Learn the latest in prevention and treatment of colon cancer from experts at NorthShore and Mayo Clinic.

Wednesday, September 28, 2016
6:00 p.m.–8:30 p.m.

Chicago Botanic Garden Regenstein Center, Glencoe
northshore.org/colonglencoe

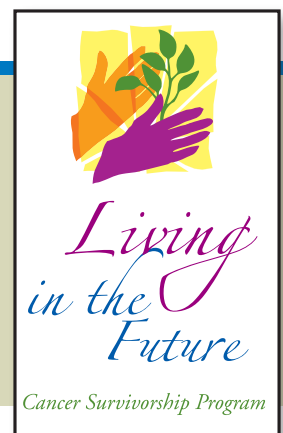
Thursday, September 29, 2016
6:00 p.m.–8:30 p.m.

Chicago Marriott Northwest
4800 Hoffman Blvd, Hoffman Estates
northshore.org/colonhoffman

THRIVING AFTER TREATMENT

Are you approaching the completion of your cancer treatment?

Visit the Living in the Future (LIFE) Cancer Survivorship Program website at northshore.org/LIFE to register for educational programs important for maximizing your health and wellbeing.



MAKE CONNECTIONS

Imerman Angels Socials

Provides personalized connections that enable 1-on-1 support among cancer fighters, survivors and caregivers.

Join us for a tasty treat, learn more about Imerman Angels, and connect with other patients and families.

Last Thursday of every month

Time: 11:00 a.m.–2:00 p.m.

Location: Kellogg Cancer Center, Evanston, Patient Education Center, Ground Floor

Third Wednesday quarterly 6/15/16

Time: 10:00 a.m.–1:00 p.m.

Location: Kellogg Cancer Center, Glenbrook Lobby

First Tuesday of every month

Time: 10:00 a.m.–1:00 p.m.

Location: Kellogg Cancer Center, Highland Park Lobby

Look Good...Feel Better

A free two-hour beauty workshop for women undergoing cancer treatment that will teach you beauty techniques to help cope with the temporary appearance-related side effects of treatment. Each participant will receive a FREE cosmetic kit and tips on makeup application, skin and wig care.

Registration is required 1-800-227-2345.

2016 Look Good...Feel Better Class Schedule

Kellogg Cancer Center, Glenbrook

Patient Education Conference Room 1077
Wednesdays: 6/15/16; 8/17/16; 10/19/16;
12/21/16

All classes held 1:00–3:00 p.m.

Kellogg Cancer Center, Evanston

Patient Education Room G870 (ground level)
Wednesdays: 6/22/16; 8/24/16; 11/9/16
All classes held: 11:00 a.m.–1:00 p.m.

NorthShore Highland Park Hospital

Meeting Room 1B

Mondays: 7/18/16; 9/12/16

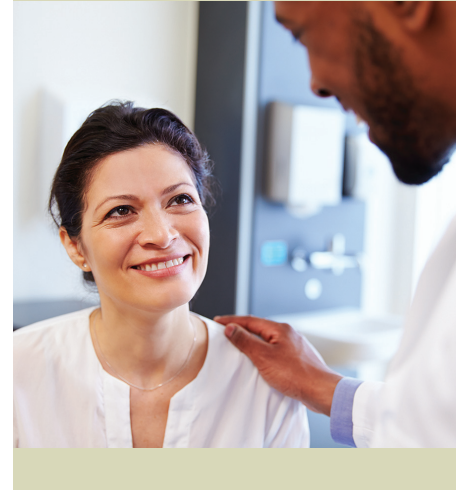
All classes held: 11:00 a.m.–1:00 p.m.

MAKE AN IMPACT

Honor your care team while supporting Kellogg Cancer Center.

To make a donation to Kellogg Cancer Center go to **foundation.northshore.org/donatekellogg**

For more information, contact Lisa Rietmann at (224) 364-7230 or lrrietmann@northshore.org



SUPPORT FOR YOU

Visit the **Kellogg Cancer Resource Center** at NorthShore Evanston Hospital on 2nd floor for information and educational materials.

For complete schedule, visit northshore.org/calendar.

The Bill Buckman Prostate Cancer Education and Support Group

Second Tuesday of each month, 7:00–9:00 p.m.

Location: Glenbrook Hospital Conference Rooms B-D

Contact: Sabina Omercajic (847) 570-1066

Brain Tumor Patient Support Group

Third Thursday of each month, 5:00–6:30 p.m.

Location: Evanston Hospital Rooms G952-958

Contact: Becky Joslin, LPC (847) 570-2036

LIFE Breast Cancer Support Group

Second Wednesday of each month, 7:00–8:30 p.m.

Location: Graham Medical Office Building, 1000 Central Street, Suite 800, Evanston

Contact: Edith Golden-Gruber (847) 503-1184



*Living
in the
Future*

Head and Neck Cancer Discussion Group

Second Monday of every other month, 6:00–8:00 p.m.

Location: Evanston Hospital

Contact: Sabina Omercajic (847) 570-1066

Stress Reduction Group for Cancer Patients and Caregivers

First & Third Tuesdays of each month, 3:30–5:00 p.m.

Location: Evanston Kellogg Patient Education Room G870

Contact: Meg Madvig, LCSW (847) 570-2039

Qigong: Gentle Exercises for Relaxation & Self-Healing, 3:30–4:00 p.m.

Quiet Practice, 4:00–5:00 p.m.

Please feel free to come to one or both sessions.