



**12 SPECIALIZED
DISCIPLINES.
COUNTLESS EXPERT
CLINICIANS.
AND 1 VERY WELL
CARED FOR PROSTATE.**

— *Because when it comes to* —
treating your prostate cancer, we
stack the numbers on your side.



**EVANSTON
NORTHWESTERN
HEALTHCARE**



COMPREHENSIVE PROSTATE CANCER CENTER

The unique offering of the Comprehensive Prostate Cancer Center as a one-stop-shop makes it possible for patients to connect with multiple specialists, often on the same day. From diagnosis to recovery, patients have access to a network of talented medical professionals who work together to develop an optimal plan of care. In addition to the primary treatment disciplines of urologic surgery, radiation therapy, and medical oncology, we also offer a network of treatment services that enhance and preserve quality of life, including:

- **Nutritional and Integrative Medicine**
- **Sexual Health and Rehabilitation**
- **Clinical Trials**
- **Genetics Counseling**
- **Pathology and Molecular Diagnostics**
- **Cancer Survivorship Support Services**

“We believe this level of organization and multi-specialty cooperation is the right way to treat prostate cancer. Not only does it allow us to determine the best method for treatment for each patient, but it also gives our patients tremendous peace of mind.”

— **Dr. Charles Brendler**

PROSTATE CANCER

The rate of recovery from prostate cancer is rising with a nearly 90 percent cure rate following early detection. This is due in part to men becoming more educated about their own health issues, better treatments, and men beginning to more actively seek treatment. We want you to know that at Evanston Northwestern Healthcare's (ENH) Comprehensive Prostate Cancer Center, we stack the numbers in your favor. Expert clinicians in 12 specialized disciplines have been gathered together to provide patients with comprehensive care they may not find elsewhere. From nutritional services to sexual health, we connect patients to the services they need at every stage.

Successful treatment for prostate cancer depends greatly upon early detection. Depending on when the disease is diagnosed, treatment may include a single therapy or combination of several therapies. Because this can be such a confusing and difficult time, the Center is set up to provide a continuous support network as men follow the recommendations of their physicians. Throughout the entire diagnostic and treatment process, we will partner with you to:

- **Develop a customized treatment plan**
- **Address every stage of treatment from multiple perspectives**
- **Help patients deal with quality-of-life and survivorship issues**



CORE TEAM



The Center is led by Charles B. Brendler, MD, who brings to ENH a wealth of expertise and knowledge. He served 13 years as Professor and Chief of Urology at the University of Chicago and previously, another 13 years at The Johns Hopkins University School of Medicine. He has performed more than 2,000 prostate cancer operations.

The Primary Treatment Team

In order to fully evaluate your case, we have brought together experts from a multitude of disciplines:

Urologic Surgery



Our team of surgeons includes, William K. Johnston, III, MD, who specializes in laparoscopy and robotic surgery and serves as da Vinci Robotic Mentor and Instructor. Dr. Johnston performed his fellowship at the University of Michigan in minimally invasive urologic surgery. He is currently Director of Laparoscopy and Minimally Invasive Urology and was recently appointed Section Editor for the *Journal of Endourology*.

Radiation Therapy



Our team of radiation therapists is led by William Bloomer, MD, Chairman of Radiation Oncology. He and his team have extensive experience in intensity modulated radiation therapy (IMRT), which is computer assisted external beam radiation therapy that delivers maximal radiation to the prostate and minimal radiation to adjacent organs, and they also have great experience in brachytherapy in which radioactive seeds are implanted into the prostate.

Medical Oncology



Our team of medical oncologists is directed by Daniel Shevrin, MD, Director of Urologic Medical Oncology. Dr. Shevrin has extensive experience in the treatment of recurrent and advanced prostate cancer. Through his leadership, our patients will have an opportunity to participate in clinical trials and benefit from translational research, through which laboratory discoveries are translated to the clinical arena as quickly as possible.

SUPPORT SERVICES

Nutritional and Integrative Medicine



There is increasing evidence that nutrition and integrative medicine play an important role in cancer prevention and in delaying cancer progression. New avenues of healing and comfort are provided by combining conventional medicine with alternative therapies to foster men's physical, psychological, and spiritual well being. Our team, led by Leslie Mendoza-Temple, MD, offers nutritional counseling, meditation and stress reduction training, acupuncture, and holistic health consultations to support patients through the stresses of their treatment.

Sexual Health and Rehabilitation



Because of the prostate's location near the organs responsible for sexual function, it is important to provide a comprehensive strategy for sexual health preservation and recovery. Peter Colegrove, MD, an ENH urologist, meets individually with our patients to evaluate their sexual function prior to treatment and to develop a treatment strategy to help men preserve and regain their sexual health following treatment.

Genetics Counseling



The Center for Medical Genetics, under the leadership of Wendy Rubinstein, MD, examines hereditary factors in men with prostate cancer and their male relatives. Dr. Rubinstein and her colleagues are able to develop individual genetic profiles to help predict prognosis and guide treatment. She also provides genetics testing to family members for inherited susceptibility to prostate cancer.

Molecular Diagnostics



Molecular Diagnostics has become an essential component of modern prostate cancer treatment and research. Karen Kaul, MD, PhD, Director of the Molecular Diagnostic Laboratory, is leading clinical studies aimed at improving prostate cancer detection, prediction of prognosis, and monitoring of disease by studying molecular changes in tumor cells.

Survivorship



Our cancer survivorship team, led by Carol Rosenberg, MD, Director of the Living in the Future (LIFE) Program, provides an integrated team approach to caring for prostate cancer patients. LIFE is the first of its kind in Illinois. Patients and their families have an opportunity to meet individually with a specialized cancer nurse, develop a personalized long-term care plan, and are afforded access to educational workshops and support services.



MULTIDISCIPLINARY PROSTATE CANCER TREATMENT

I am tremendously excited about our new multidisciplinary Comprehensive Prostate Cancer Center at Evanston Northwestern Healthcare (ENH), which brings to each individual patient the combined talents of our outstanding clinicians and scientists. For a long time, I have believed that such an approach—one that allows men with prostate cancer to consult with experts from multiple disciplines and receive a consensus-based, individualized recommendation for treatment—is the best way to improve patient care.

ENH is respected for establishing comprehensive, multidisciplinary programs that offer patients and their families the best treatment options, as well as access to research initiatives aimed at early detection and noninvasive therapies. Continuing this tradition of excellence, and in keeping with our mission to preserve and improve human life, ENH has established a Comprehensive Prostate Cancer Center.

The Center brings together ENH physicians and researchers from a multitude of disciplines to respond to what is now a highly curable disease. I am honored to be a part of this team because I believe this level of organization and multi-specialty cooperation is the right way to treat prostate cancer. Not only does it allow us to determine the best method of treatment for each patient, but it also gives our patients tremendous peace of mind.

Charles B. Brendler, MD

Vice Chairman for Academics and Development

ENH Department of Surgery

Professor of Urology, Northwestern University's Feinberg

School of Medicine

BETTER CONNECTIONS. BETTER CARE.

Combining these various components of expertise in a multidisciplinary treatment center establishes Evanston Northwestern Healthcare as a leader in the diagnosis and treatment of prostate cancer. By connecting patients to services that address not only their medical but emotional needs, the Comprehensive Prostate Cancer Center provides a compassionate and cohesive approach to care. And with the addition of the ENH Research Institute, the Center has many positive implications for patient care—translational research, medical breakthroughs, and clinical outcomes that enhance and improve diagnosis and treatment.

“The Center’s approach to patients is unique. I found that there was no stone left unturned. They are very detailed and carefully explain all of your options—traditional open surgery, robotic surgery, external beam radiation therapy, and radioactive seeds.”

— **Mike Lane**
Patient



**The Comprehensive Prostate Cancer Center
at Evanston Northwestern Healthcare**



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Glenview, Illinois 60025

**For more information about the
Comprehensive Prostate Cancer Center
at Glenbrook Hospital, please call
847-657-5730.**



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