

Additional Services



Wendy Rubinstein,
M.D., Ph.D.

Genetic Counseling

The Center for Medical Genetics, led by Dr. Wendy Rubinstein is conducting research aimed at developing individual genetic profiles to help predict prognosis and guide treatment in prostate cancer patients. The Center also provides genetic testing to family members for inherited susceptibility to prostate cancer, especially in the presence of a family history of breast and/or ovarian cancers. Currently, the Center is participating in an international prostate cancer screening study (The IMPACT Study) which provides free genetic testing for the BRCA1 and BRCA2 genes for men with a known mutation in their family.



David Victorson, Ph.D.

Clinical Psychology

Dr. David Victorson is a licensed health psychologist who specializes in helping men diagnosed with prostate cancer to deal with the emotional aspects of their disease. Specifically he helps men learn to: 1) navigate issues specific to prostate health and decision making; 2) manage common symptoms and side effects through behavioral approaches; and 3) learn skills to improve emotional, physical, functional, and social wellbeing during and following treatment.



Carol Rosenberg, M.D.

Survivorship

Our cancer survivorship team, led by Carol Rosenberg, M.D., Director of the Living in the Future (LIFE) Program, provides an integrated team approach to caring for prostate cancer patients. LIFE is the first program of its kind in Illinois. Patients and their families have an opportunity to meet individually with a specialized cancer nurse, develop a personalized, long-term Survivorship Care Plan, and are afforded access to survivorship workshops and support resources.



Leslie Mendoza-
Temple, M.D.

Integrative Medicine

New avenues of healing and comfort are provided by combining conventional medicine with alternative therapies to foster men's physical, psychological, and spiritual well being. Our integrative medicine team, led by Leslie Mendoza-Temple, M.D., offers meditation and stress reduction training, acupuncture, and holistic health consultations to support patients through the stresses of their treatment.



Cindy Rheingruber, R.D.

Nutrition

There is increasing evidence that nutrition plays an important role in cancer prevention and in delaying cancer progression. Our Prostate Cancer Center is fortunate to have two registered dietitians, Ms. Cindy Rheingruber and Ms. Colleen Takagishi, who are both board certified in oncology (cancer) nutrition. Both provide nutritional counseling on cancer prevention, managing symptoms related to cancer treatment, and helping to develop nutrition and lifestyle plans to reduce the risk of cancer recurrence.



Colleen Takagishi, R.D.