

NorthShore University HealthSystem Integrative Medicine Program Service Charges

Oriental Medicine & Acupuncture

<i>Initial Treatment Variable</i>	<i>\$125.00</i>
<i>Initial Treatment Variable with Laser</i>	<i>135.00</i>
<i>Follow Up Treatment</i>	<i>75.00</i>
<i>Follow Up Treatment with Laser</i>	<i>85.00</i>
<i>Herbal Consult</i>	<i>65.00</i>

Integrative Bodywork

Relaxation/Pain Relief/Stress Management

<i>One hour consultation and treatment</i>	<i>85.00</i>
<i>Half hour</i>	<i>50.00</i>

Shiatsu (Based on Chinese Medicine)

<i>One hour consultation and treatment</i>	<i>85.00</i>
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Yoga & Meditation

Individual Yoga, Breathing & Meditation

<i>One hour</i>	<i>85.00</i>
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Medical Exercise

<i>One-on-one personal training, 50 minutes (Medical clearance required)</i>	<i>65.00</i>
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Counseling

<i>Individual</i>	<i>90.00</i>
<i>Family</i>	<i>105.00</i>

Payment is due at the time of service. However, many of our patients have found that their insurance carriers may partially reimburse for our services, so we encourage you to investigate this option. In addition, you may want to check with your health insurance carrier to see if they offer a Flexible Spending Account for our services

For information or to schedule an appointment, please call (847) 657-3540 or visit our website at www.northshore.org/integrative